



Love's Farm News

February – March 2024

www.ourlovesfarm.co.uk

Spring Clean-up for our Footpaths



HDC staff carrying out improvements to the path near Hogsden Leys

Across Love's Farm, much-needed repairs have taken place on footpaths most affected by flooding.

Huntingdonshire District Council have carried out the work in response to sustained efforts by Love's Farm Community Association to highlight sections needing most urgent attention. With a very limited budget,

repairs have been prioritised on essential walking routes which become impassable after rain. Many other footpaths also need maintenance. Cllr Marcus Pickering is working with the council to explore opportunities to fund future repairs. In the meantime, the Community Association will keep an eye out for which footpaths to target if funding becomes available.

Let The Library Entertain You!

Popular arts and entertainment programme, The Library Presents, is inviting the public to help choose the line-up for their up-coming season. As well as their diverse offer at St Neots Library, they are keen to bring more events to Love's Farm House, following a very successful ceramics workshop and theatre show held there in recent years. This is your chance to influence what comes next.

There's a wealth of activities available, from dance workshops to circus performances, arts and crafts to theatre shows. There are options for all ages from kids and family to adults-only. Over the last six years, the programme has delivered an estimated 900 hours of entertainment to audiences of all ages, while supporting local performers and boosting the economy of Cambridgeshire.

Helping everyone access the arts is one of the programme's main

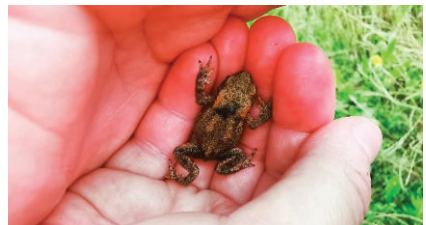
focuses. Where possible, barriers of opportunity and wealth have been removed. Thanks to partnership support and Arts Council England funding, ticket prices are heavily subsidised. On average, tickets cost under £5, including a variety of concessions for children, students, senior citizens, the unwaged and disabled, family savers, and in some cases "pay what you think" options.

Putting programming power into the hands of the local community and asking them to choose the artists they want to see is an important part of The Library Presents. The survey is open until 9 February 2024 and you can access it at www.library.live/the-library-presents, or pick up a leaflet from St Neots Library.

Gardening Volunteers

Do you like gardening, planting and spending time outdoors? Love's Farm Community Association would love to welcome new volunteers to our community gardening team. Together we'll spend time in nature and look after Love's Farm's green spaces.

As nature on Love's Farm matures, our environment grows in richness and variety. A recent survey of the



A juvenile common toad found on Love's Farm



Volunteers planted a beech hedge along the northwest section of the wiggly path.

balancing pond area near the Pirate Ship playground found a wealth of plants and wildlife. Researchers found over 30 different species of grass and plants as well as over 40 species of spiders, insects and snails.

While nature is thriving, many areas still need our care and attention. Some of our woodlands are too dense and some are too bare. Some shrubs are overgrown and some



The willow "tepee" at Love's Farm House

beds lack colour.

There are many opportunities for volunteers to get involved, enjoy the outdoors and make new friends. Email chair@ourlovesfarm.co.uk for more details about joining our community of gardening volunteers.

Multi-Style Dance Workshop

Wednesday 21 February, 9am-3pm,
Love's Farm House, Ages 7 - 18
years, £23.50 per child

Katy North Dance Academy are back this half term with their ever-popular dance workshops. The theme this time is multi-style dance. Children will spend the day learning three different styles of dance, and will perform a show for their parents at the end of the session.

The workshop runs from 9am-3pm and costs £23.50 per child. Parents who need to get to work can drop their children off from 8.30am.

Book your space or message the team via www.facebook.com/katynorthdance or email katynorth.danceacademy@gmail.com.

Interested, but can't make the holiday workshop? Don't forget that Katy North Dance Academy runs Street Dance and Latin American Dance classes for children aged 4-18 every Saturday morning at Love's Farm House. The first two lessons are free. Visit www.katynorthdanceacademy.com for more information.

Chocolate Bingo

Thursday 22 February, 6.30pm
(doors open at 6pm)
Love's Farm House, £1 per person



Sweetie Bingo at Love's Farm House

Join Emma and the Love's Farm Community Association team for the ever-popular bingo, where we play for sweets rather than cash.

The event is fun for all the family and costs £1 per person for a book of 10 games (additional books available at £1 each). Doors open at 6pm and bingo starts at 6.30. Bring your own snacks and drinks, and don't forget your pens and change.

Valentine's Disco

Saturday 17 February, 6pm-9pm,
Love's Farm House, £3 Per Person
(babies under 1 free)

Come and celebrate Valentine's Day with the whole family this February at the Love's Farm House Valentine's Disco.

No babysitter? No problem! You and your partner can enjoy a relaxing drink from our licensed bar in our beautifully decorated hall, while the kids enjoy some games and dancing.



Feel the love at the Valentine's Disco

Or if you're flying solo, bring your kids as your date for plenty of family fun.

We'll be dancing to a mix of the latest hits and cheesy (but catchy) love songs. Children can enjoy some Valentine's crafts and plenty of games with great prizes. There will also be Valentine's themed cocktails, mocktails and snacks on offer as well as our regular bar menu. Little Dutch Bites will be on site making poffertjes (mini Dutch pancakes) for those who like to combine their Valentine's and Pancake Day celebrations!

All children must be accompanied by a parent or carer, who must have their own ticket. Book tickets at www.lovesfarmhouse.com.

Homes for Ukrainian Refugees

Do you have a spare room in your home you don't use?

Have you considered registering for the Homes for Ukraine Scheme under Huntingdonshire District Council and becoming a sponsor to a Ukrainian family in need of a home?

You would receive monthly thank you payments from the Council and would also have the support of the Council's Homes for Ukraine scheme.

If you would be interested in becoming a sponsor please email charlotte.rose@huntingdonshire.gov.uk or call 07561 807 205.

Love's Farm Runners

Tuesdays at 8pm, Station Square,
Age 12+, £12 for 12 month membership

Love's Farm Runners are back! With a frosty start to the year, the group is keen to welcome new members.

From Improvers to "Couch to 5K", sign up via the group's website and book your run. <https://groups.runtogether.co.uk/LovesFarmRunners>

Celebrating Women in the Community (an International Women's Day Event)

Friday 8 March, 7.45pm,
Love's Farm House

To celebrate International Women's Day, Love's Farm House will be hosting an evening for women to connect, celebrate and chat.



07557 797 980

marcus.sternhufvud@sjpp.co.uk

www.marcussternhufvud.co.uk

Financial adviser based in Love's Farm

I provide a wide range of expert financial advice to both individual clients and businesses in the following areas:

- Investment Planning
- Retirement (Pension) Planning
- Inheritance Tax Planning
- Financial Protection (Life Insurance, Income Protection etc.)
- Mortgages

If you would like an informal no obligation chat, please feel free to email me at marcus.sternhufvud@sjpp.co.uk and I will be happy to discuss your financial requirements in more detail.

The value of an investment with St. James's Place will be directly linked to the performance of the funds selected and may fall as well as rise. You may get back less than the amount invested.

Your home may be repossessed if you do not keep up repayments on your mortgage.

Marcus Sternhufvud

Associate Partner

**St
James's
Place**

Marcus Sternhufvud is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

SJP Approved 12/1/2024

Connect — Bring your business cards, samples of products you make, or anything else you'd like to get the word out about.

Celebrate — Share your achievements and stories, and listen to others' experiences.

Chat — Or just come along to meet and socialise with other women in your community.

We'll be joined by small business owners, local councillors and plenty of other people who are on a mission to empower women. The bar will be open, and everyone is welcome, whatever their pronouns!

New Classes at Love's Farm House

Baby Massage

Mondays 9.35am-10.20am from 12 February, Love's Farm House, Ages 3 weeks to crawling, £32 for a 4-week block

Baby massage is the perfect bonding class for you and your baby, as well as helping you to meet your mumma tribe.

The class introduces a calming massage routine each week which can aid with relaxation and sleep, calm symptoms of colic, wind and

CELEBRATING WOMEN IN THE COMMUNITY



TO CELEBRATE INTERNATIONAL WOMEN'S DAY, LOVES FARM HOUSE WILL BE HOSTING AN EVENING FOR WOMEN TO CONNECT, CELEBRATE AND CHAT.



FRIDAY 8TH MARCH
FROM 7.45PM

FREE EVENT.
BAR AVAILABLE.



International
Women's Day

A Message from St Neots Town Council

Now is the time to make you aware,
About some information we'd like to share,
Bring on February, exciting things in store,
The return of the Mayors Quiz, can you beat your last score?
The first ever repair café will also be here,
To fix and restore all your worn-out gear.
March and April brings Easter and some cake,
Just like the TV show, get ready, BAKE!
We have D-Day, Armed Forces and Green Week in June,
And Dragon Boat in August which you'll hear about soon.
In October we remember the little ones lost,
Then the Halloween trail with sweets at no cost!
It won't be long, and Christmas will be here,
Let's enjoy the season, Happy New Year!

2024		UPCOMING EVENTS		HELD BY ST NEOTS TOWN COUNCIL			
JANUARY SAT, JAN. 20 10 - 4PM  Disability Awareness Day Venue: The Priory Centre	MARCH SAT, MAR. 23 Serious About Bake Off  Venue: The Priory Centre	JUNE JUN, 10 - 18 Big Green Week Venue: St Neots 	AUGUST SAT, AUG. 17 10 - 5PM St Neots Charity Dragon Boat Race Venue: Regatta Meadow 	NOVEMBER SUN, NOV. 24 St Neots Christmas Light Switch On <i>TBC pending Market Square works</i> 			
FEBRUARY WED, FEB. 7 7PM  Mayor's Charity Quiz Night Venue: Ferro Lounge	APRIL 29 MAR - 14 APR Easter Trail Venue: St Neots Town Centre 	JUNE JUN, 22 - 23 Armed Forces Day Venue: Regatta Meadow 	OCTOBER MON, OCT. 15 7PM Wave of Light Venue: The Priory Centre	DECEMBER DEC, 1 - 24 Christmas Trail Venue: St Neots Town Centre 			
MARCH SAT, MAR. 9 Mayor's Ball not a Ball Venue: The Priory Centre	JUNE THURS, JUN. 6 D Day 80th Anniversary - Beacon Lighting Venue: Regatta Meadow	JUNE JUN, 22 - 23 Armed Forces Day Venue: Regatta Meadow	OCTOBER OCT, 26 - 31 Halloween Trail Venue: St Neots Town Centre 				

teething, and give you a beautiful time to bond with your little one.

You will receive a goody bag, which includes your own massage oil, weekly routine handouts, plus access to a WhatsApp support group.

Book your space at www.njfitnessandmassage.com/product/babymassage or contact Nicola for on njfitnessandmassage@outlook.com.

Pregnancy Relaxation

Sundays 7.30 - 8.45pm from 18 February, Love's Farm House, £55 for 5 Classes

This class allows you to meet and chat with other mums-to-be, learn the science of our amazing bodies, explore key topics and enjoy a deep guided relaxation session. Each class will cover one main discussion point, such as preparing for birth, managing fear, and postnatal planning. You will leave the sessions feeling calm, relaxed and empowered for what comes next.

Visit www.wholebirthandbeyond.co.uk/classes to book your space, or for more info contact Jessica on wholebirthandbeyond@gmail.com.

Available Hire Slots at Love's Farm House

Following changes to the hire schedule at Love's Farm House, we currently have morning availability on Mondays from 10.30am and Thursdays from 11am, and after-

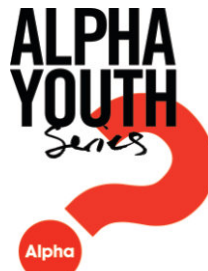
school availability on Mondays until 6.15pm and Thursdays until 5.45pm.

These time-slots are suitable for regular hire and can accommodate all sorts of activities, from toddler groups to exercise classes, support groups to children's clubs and much more. The hall has an audio-visual system with disco lights and a projector, multi-use flooring, plenty of furniture, and access to our small landscaped garden. The hire fee is £15.75 per hour for non-profit activities, or £20.25 per hour for commercial use. Use of the kitchen can be added to your booking for a small additional fee. Unfortunately we cannot accept bookings for football or other ball games, roller skating or skateboarding.

If you would like further information, contact bookings@lovesfarmhouse.co.uk, or call us on 01480 262626.

Youth Alpha Course

Alternate Fridays and Sundays during Spring 2024 school term



Youth Alpha is a place for young people aged 11-18 to ask life's big questions, explore faith, and share their point of view. Love's Farm Church

will be running sessions alternately on Fridays and Sundays during this school term. To find out more,

please email
marcus@lovesfarmchurch.com.

Calling All Duke of Edinburgh's Award Scheme Participants

Lazy Breakfast, Saturdays during term-times, Love's Farm House, Age 16+

Lazy Breakfast is a community cafe which runs on Saturday mornings during term time at Love's Farm House. The cafe is run entirely by volunteers. For the last few years, we have offered an opportunity for local teenagers to join our team and complete their volunteer hours for the

Duke of Edinburgh's Award Scheme.

As well as helping your local community, you will gain valuable experience in customer service and food hygiene, as well as developing your organisational skills. The role involves taking customer orders, preparing hot drinks, plating up food and taking payments. Full training is provided and you will work alongside an experienced and friendly volunteer team.

If this is something you would be interested in, or you would like more information, get in touch with us via jenny@lovesfarmhouse.co.uk, or by calling 01480 262626. Due to safeguarding rules, we can currently only accept volunteers aged 16+.



Host your party at Love's Farm House

Children's parties (12-3pm or 3-6pm) - £90

Saturday night (6pm-midnight) - £290

Saturday all day (midday-midnight) - £450

Please call 01480 262626 or email bookings@lovesfarmhouse.co.uk for more information

www.lovesfarmhouse.com facebook.com/lovesfarmhouse

SMART Litter Pick Days

11am or 2pm on Saturday
10 February, 16 March & 20 April.
Meet at the Pirate Ship



Grabbers at the ready for a litter pick

Meet at the Pirate Ship to collect a litter picker, bag and hi-vis and then join other community volunteers to help clear our shared spaces and green places. All ages are welcome and there's never any need to stay longer than the time you have — even a quarter of an hour makes a difference. For more info please contact Helene on helenetame@yahoo.co.uk

Budgeting and Debt Advice from Money Advice St Neots



Money Advice St Neots (Mast) is the new name for Love's Farm

Community Money Advice. This charity offers free, confidential debt advice and budget coaching. If you are struggling with debts or budgeting, Mast has a team of trained advisers help you. Their goal is to help you get out of debt and live a debt-free life. Book an appointment

by emailing help@mast.support, calling 01480 260234 or visiting the Mast website at www.mast.support.

Breakfast Church

Sundays 10am (except the first Sunday of the month),
Love's Farm House

We start (of course!) with breakfast: pancakes, sausages, bacon, yoghurt, fruit, good coffee and tea, with plenty for everyone. After breakfast we share some of the Bible — through stories, games, craft activities and music. You'll meet people of all ages and everyone is welcome — especially if you don't feel like you would ever belong in a church! This term we are particularly thinking about what it means to have faith — and learning from the faith of some Old Testament characters.

Dates for Your Diaries: Easter Activities

Easter egg hunt

| 29 March until 13 April 2024, Free

Find the numbered eggs in windows around Love's Farm. Record where you find them for your chance to win a prize! Sign-up sheets available soon at www.ourlovesfarm.co.uk.

Chocolate Bingo

| Thursday 11 April, 6pm, eyes down from 6.30pm, Love's Farm House

You know the drill... £1 to play, loads of yummy chocolate to win.

Get In Touch

Love's Farm News

Editor: Ben Pitt

ben.pitt@ourlovesfarm.co.uk

Advertising enquiries:

Jenny Bishop 01480 262626

jenny@lovesfarmhouse.co.uk

Love's Farm Community Association (LFCA)

info@ourlovesfarm.co.uk

Chair: Lara Davenport-Ray

chair@ourlovesfarm.co.uk

www.ourlovesfarm.co.uk

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Love's Farm House

Bookings and general enquiries
(Monday to Friday, 9am to 3pm):

Jenny 01480 262626,

jenny@lovesfarmhouse.co.uk

Chair: Andy Hill

chair@lovesfarmhouse.co.uk

www.lovesfarmhouse.com

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Town Councillors

Anna Crompton,

anna.crompton@stneots-tc.gov.uk

Katie Dundas-Todorov, katie.

duns-todorov@stneots-tc.gov.uk

Jaideep Kumar

jaideep.kumar@stneots-tc.gov.uk

Ben Pitt, ben.pitt@stneots-tc.gov.uk

gov.uk

District Councillors

Marcus Pickering,

marcus.pickering@huntingdonshire.gov.uk

Lara Davenport-Ray,

lara.davenport-ray@huntingdonshire.gov.uk

huntingdonshire.gov.uk

County Councillor

Stephen Ferguson, 07525 987460,

stephen.ferguson@cambridgeshire.gov.uk

[@cambridgeshire.gov.uk](http://cambridgeshire.gov.uk)

Financial Difficulties

Money Advice St Neots (Mast):

www.mast.support 01480 260234,

help@mast.support

Breakfast Church

www.lovesfarmchurch.com

facebook.com/LovesFarmChurch

BPHA

Contact Customer Services on

0330 100 0272 www.bpha.org.uk

Baby Massage, Lift Lean, Zumba, Fitness Pilates & Fit Mum

Contact Nicola at njfitness

andmassage@outlook.com,

www.njfitnessandmassage.com.

Moo Music

Ages 0-5. Contact Julia on

julia@moo-music.co.uk

Pilates with Laura

Contact Laura on 07900 242904 or

laura@pilateswithlaura.co.uk

Healthy You

Call 03330 050093 or visit

www.healthyyou.org.uk

Love's Farm Tang Soo Do Karate Club

Ages: 6 to adult. Contact

Paul on 07790 217170

Broadway Boogie & Broadway Boogie Kids

Contact Lynne on

dsmdancewithlynn@gmail.com

or facebook.com/dsmdancewithlynn.

Little Loves

Ages: Birth to Preschool.

facebook.com/littlelovesbabyandtoddlergroup

www.lovesfarmchurch.com.

GPC Mixed Martial Arts

Visit www.gpcmma.com.

Love's Farm Rainbows, Brownies & Guides

guides@lovesfarmguiding.org.uk,

www.girlguiding.org.uk

Mama Baby Bliss Yoga

Yoga for babies, toddlers, mums and dads. Contact

joanna.miller@mamababybliss.com

call 07904 374212 or visit

www.mamababybliss.com/classes/book-a-class/

biggleswade-st-neots.

Junior Youth Club

School Years 3 to 6. Contact Helene

on 07938 803501,

community.chaplain@yahoo.co.uk

Love's Farm Book Club

Join the Facebook group at

www.facebook.com/lovesfarmbookclub

Street Dance / Dance Workshops

Various classes for ages 4+.

Contact Katy on 07500 875060,

www.katynorthdanceacademy.com

Footsteps Dance Academy (ballet, tap & modern)

Contact

missjemma@footsteps.co.uk or

www.footstepsdance.co.uk

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/lovesfarmrunners

lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs

lovesfarmcubs

Pregnancy Relaxation

Contact Jessica at

wholebirthandbeyond@gmail.com

[@gmail.com](http://wholebirthandbeyond@gmail.com)



What's On

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lift Lean 6.15 - 7pm Zumba 7.05 - 7.50pm Fitness Pilates 8 - 9pm <p style="text-align: center; font-size: 2em; opacity: 0.5;">5</p>	* FH Cafe 9am - 12noon * bpha Drop-In 9.30 - 12 Moo Music 9.45, 10.45 Broadway Boogie Kids 5 - 5.45pm R'bows & B'nies 5pm, 6.15pm Pilates 6pm, 7pm, 8pm LF Runners 8pm @ Stn Sq	Healthy You 9.30 - 1.30 Fit Mum 9.35 - 10.20am Fitness Pilates 10.30 - 11.30am Karate 5.30 - 7pm Broadway Boogie 7.10pm	* Little Loves 9.30 - 10.30am GPC MMA 4.30pm, 5.15pm Brownies 6pm - 7.30pm Guides 7.30pm - 9pm	* FH Cafe 9am - 12noon Toddler Yoga 9.45am Baby Yoga 10.45am Youth Club 5pm, 6pm * Karaoke @ the Farm House Bar 8pm - late	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am Footsteps Dance 8.45 - 4.30	<i>Love's Farm House is available for private hire at weekends. Call 01480 262626 or visit www.lovesfarmhouse.com</i>
Baby Massage 9.35 - 10.20am Lift Lean 6.15 - 7pm Zumba 7.05 - 7.50pm Fitness Pilates 8 - 9pm <p style="text-align: center; font-size: 2em; opacity: 0.5;">12</p>	* FH Cafe 9am - 12noon Moo Music 9.45, 10.45 BB Kids 5 - 5.45pm Rainbows & Brownies 5pm, 6.15pm Pilates 6pm, 7pm, 8pm LF Runners 8pm @ Stn Sq	Healthy You 9.30 - 1.30 Fit Mum 9.35 - 10.20am Fitness Pilates 10.30 - 11.30am Karate 5.30 - 7pm	* Little Loves 9.30 - 10.30am GPC MMA 4.30pm, 5.30pm Brownies 6pm - 7.30pm Love's Farm Ladies WI 7pm @ SNFC Guides 7.30pm - 9pm	*FH Cafe 9am - 12noon Youth Club 5pm, 6pm * Games Night @ the FH Bar 7.45pm - late * Love's Farm Book Club 7.45pm	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am Valentine's Disco 6pm - 9pm www.lovesfarmhouse.com/tickets/	* Breakfast Church 10 - 11.30am Pregnancy Relaxation 7.30pm <p style="text-align: center; font-size: 2em; opacity: 0.5;">18</p>
<p style="text-align: center; font-size: 2em; opacity: 0.5;">19</p>	Silver Rock Craft Workshop 10.15 - 11.45am BB Kids 5 - 5.45pm Pilates 6pm, 7pm, 8pm LF Runners 8pm @ Stn Sq	Multi-Style Dance Workshop 9am - 3pm B'way Boogie 7.10pm * LFCA Meeting 7.30pm	* Chocolate Bingo 6.30 - 8.30pm	* Cozy Crafts @ the Farm House Bar 7.45pm	<p style="text-align: center; font-size: 2em; opacity: 0.5;">24</p>	* Breakfast Church 10 - 11.30am Pregnancy Relaxation 7.30pm <p style="text-align: center; font-size: 2em; opacity: 0.5;">25</p>
Baby Massage 9.35 - 10.20am Lift Lean 6.15 - 7pm Zumba 7.05 - 7.50pm Fitness Pilates 8 - 9pm <p style="text-align: center; font-size: 2em; opacity: 0.5;">26</p>	* Farm House Cafe Moo Music Broadway Boogie Kids Pilates Love's Farm Runners <i>Times as above</i>	Healthy You 9.30 - 1.30 Fit Mum 9.35 - 10.20am Fitness Pilates 10.30 - 11.30am Karate 5.30 - 7pm B'way Boogie 7.10pm	* Little Loves 9.30 - 10.30am GPC MMA 4.30pm, 5.15pm Brownies 6pm - 7.30pm Guides 7.30pm - 9pm	<i>Events are at Love's Farm House foyer, hall or meeting room, Round House School or out and about. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.com or call 01480 262626 for more information.</i>		