



Love's Farm News

October - November 2022

www.ourlovesfarm.co.uk

Love's Farm House Halloween Disco 2022



Let your little monsters go wild with the long-awaited return of the Halloween Disco

| Saturday 29 October, 6pm

It's a Love's Farm institution and it is back! Put on your creepiest (or not-so-creepy) costumes, don your dancing shoes and join us for a mixture of cheesy pop and Halloween classics, ghoulish games, silly dancing and lots more.

We'll be kicking off at 6pm with games for younger children, followed

by disco fun for all ages from 7pm. There will be prizes on offer for everything from best costume to freakiest dance moves, snacks to buy and the bar will be open. Fancy dress is encouraged but not essential.

Tickets cost £2.50 per person (babies under 1 are free). All children must be accompanied by a parent or carer. Get your tickets at

www.lovesfarmhouse.com/tickets.

The Haunted Farm House looks forward to welcoming you!

Remembering Her Majesty Queen Elizabeth II

The death of Queen Elizabeth II has released a sea of memories both public and personal. How glad we are that the Wintringham and Love's Farm communities had the opportunity to come together during the Jubilee weekend to be — and dance — together in celebration of her reign and commitment to communities, national and international.

The Queen's death was both deeply shocking and profoundly ordinary. Shocking, because for the vast majority of us she had always been the Queen and so, however irrational, we maybe imagined that it would always be the case. After all, her own mother died at 101 and so, for a nation that generally avoids thinking or talking about death, we had perhaps assumed that Queen Elizabeth still had years left to live. But her death was also profoundly ordinary as we watched her age, slow down, look frailer, use mobility aids, reduce her appointments, and make plain some of the things she wanted in place: like Charles becoming the head of the commonwealth and her instruction that Camilla should become Charles' Queen Consort on his eventual accession.



The Queen in the Balmoral drawing room

Much has been said and written about the span of Queen Elizabeth's reign, about her faithful service, wisdom, diplomacy, faith, humility, humour and many other qualities besides, played out across decades of change and challenge. I'd like to add something briefly to those reflections about beginnings and endings.

Beginnings and endings are deeply important and it seems to me that Queen Elizabeth did her best to take care of both. On the day she formally began her adult life, her 21st birthday, she vowed to serve us her whole life long and asked for both God's help and 'ours' in fulfilling that vow. There are few who wouldn't join me in saying, 'box ticked'.

In regard to endings, as her life drew to a close she put important things in place, continued to serve, and gently said her goodbyes. It was her suggestion that the proposed Platinum Jubilee Paddington sketch should include her in person and by so doing, in the gentlest of ways, she both received her nation's thanks and left us with the enduring image of the marmalade sandwich in her handbag,

'For later', and then tapping her tea cup, in time to *We Will Rock You*.

And then her final goodbye to us, said with her eyes and a warm smile, as she stood beside a roaring fire in her favourite family home and resting place, Balmoral.

The late Queen may inspire us in any number of ways, whether we count ourselves a monarchist or republican, but for all of us her attention to beginnings and endings, to hellos and goodbyes, are truly worthy of reflecting on. They matter deeply and, like the covers of a treasured book, do much to hold the content and chapters of our lives securely together.

Rest in peace Queen Elizabeth.
God save the King, who it seems to me, has started well..

Helene Tame, Community Chaplain

Could You be a Trustee of Love's Farm House?

LFCA & Love's Farm House AGMs
Friday 11th November, 7.45pm,
Love's Farm House

The Love's Farm House AGM is coming up and we are on the lookout for Trustees.

Love's Farm Community Centre CIO is a charity which was specially created to manage Love's Farm House on behalf of local residents.

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The Trustees of the charity are all volunteers and have overall responsibility for the building. This includes employing staff, managing finances, reviewing policies and helping to organise events such as the Halloween Disco and Gin Nights.

We are particularly keen to hear from people with a buildings / facilities background to help fill a skills gap on the Board, but we have several spaces available and there are no specific skills or experience required. Everyone will have their own strengths to bring to the table. All we ask is that you are committed to making Love's Farm House a great asset to our community and that you can commit to attending the majority of the Trustee Meetings, which take

place on the first Wednesday evening of each month.

If this sounds like a role for you, we would love to hear from you! Please email Raymon on chair@lovesfarmhouse.co.uk or call 01480 262626 for more information.

Local Business Pop-Ups at the Farm House Cafe

| Tuesdays, 9am-12 noon

Love's Farm House is partnering with Little Dutch Bites at our Tuesday morning cafe, to bring our customers delicious Dutch poffertjes in addition to our normal cafe menu on selected dates this term.

Poffertjes are mini Dutch pancakes, which are made from a vegan recipe with a choice of vegan or dairy toppings. Little Dutch Bites will be at Love's Farm House on 11 October, 8, 22 & 29 November and 13 December, so come down and give them a go!

The Farm House Café runs every Tuesday morning during school term time from 9am-12noon, offering a range of freshly baked pastries plus a selection of teas, coffees and cold drinks. Not around on Tuesdays? Then come along to Lazy Breakfast on Saturday mornings from 9.15-11.15am (term-time only) when we offer our Farm House Café menu plus sausage rolls, veggie rolls and of course our deluxe waffles!

Following the success of our partnership with Little Dutch Bites, we

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are keen to hear from any other local food businesses who are interested in running pop-up sessions at the Farm House Café on Tuesday mornings. If your business is based on Love's Farm and is fully licensed and insured, we'd love to hear from you. Please email jenny@lovesfarmhouse.co.uk.

We're also interested in hearing from anyone who would be willing to give up a few hours on a Tuesday or Saturday morning once a month to help out with the cafés at Love's Farm House. All of our café sessions are run by volunteers and it's a great way of getting out of the house, meeting people, gaining work experience and having fun. If you're interested please contact jenny@lovesfarmhouse.co.uk or call 01480 262626.

Update on Love's Farm Support for Ukrainian Refugees

Following the outbreak of war in Ukraine last February, leading to at least 12 million people being displaced from their homes, a number of families on Love's Farm opened their doors to Ukrainian refugees under the Homes for Ukraine scheme.

Weekly support sessions were set up for our Ukrainian guests at Love's Farm House on Friday afternoons, led by Lara Davenport-Ray, while support and networking groups were set up for hosts and have proven invaluable.

Our Ukrainian friends gathered



English classes for our Ukrainian friends at Love's Farm House

every Friday afternoon to have lunch together, often sampling British food — the fish and chips takeaway went down very well — or clubbing together to make traditional Ukrainian favourites such as borscht.

Lunch was followed by support sessions run by local residents, who volunteered their time and skills to help our Ukrainian friends adjust to British life. These included a weekly English language class, money advice and CV and careers support. There were also field trips to explore the local area. The Mayor of St Neots, Ben Pitt, came along to a session to welcome our Ukrainian guests and give them some information about the town.

The weekly support sessions ran until August 2022, enabling our Ukrainian friends to build a strong and supportive community, who are now able to communicate and meet socially without the support of external organisations. Most of our guests have integrated very well into the Love's Farm and wider St Neots community, with many now attending

work and school during the week. Formal English language tuition routes have also commenced. This has brought the sessions at Love's Farm House to a natural end. We are really grateful to have had this opportunity to welcome our Ukrainian guests to Love's Farm. We hope that our Ukrainian friends will be able to get home safely soon, and are grateful for how much they have enriched our community during their stay.

What's New at Love's Farm House?

Kidslingo French Classes

| Mondays 4.30-5.30pm

Kidslingo after-school French Club has arrived in St Neots! Are you looking for something different to enhance your child's learning and boost their confidence? Kidslingo classes combine songs, music, games, crafts, storytelling and drama to make language-learning a positive, exciting and fun experience for your child.

This class is for ages 4-8 years and cot £38 for a 6-week block (sibling discounts available). Expressions of interest are welcome from older children for future clubs. If you have an older child who is interested in joining, please do get in touch.

For more information or to book your child's space contact harriet.ward@kidslingo.co.uk or call Harriet on 07707 027640. Merci!

Cheer Dance Workshop

| Thursday 27 October 9am-3pm

Following the success of their summer workshop, Katy North Academy of Dance will be holding a one-day Cheer dance workshop during half-term. No Cheer experience is necessary, Katy is a qualified Cheer-leading Coach and will have you performing new moves in no time!

The workshop costs £22.50 (£10 deposit to book, with the balance payable on the day) and is suitable for children aged 7 and over. Children can be dropped off from 8.30am.

Places are limited and must be booked in advance. Contact via www.facebook.com/katynorthdance or katynorth.danceacademy@gmail.com for more information or to book.

Lift Lean

| Mondays 6.15-7pm

Lift Lean is a weights-based class that is designed to help strengthen and tone your muscles. The class will give you a full-body workout to great music! You will need to bring a pair of dumbbells but all other equipment is provided.

This class is for mixed abilities and suits all levels of fitness. Sessions cost £35 for a 6-week block (can be used over 7 weeks)

Book at www.njfitnessandmassage.com/product/liftlean or contact Nicola on njfitnessandmassage@outlook.com or more information.

NEW!



Community catch-up with bpha

Pop in for a catch up with the bpha Community Engagement Team, have your questions answered and find out what activities and events are coming up in your area.

Plus regular sessions with bpha support services, including Money Advice, Tenancy Sustainment, Leaseholder information and more.

Children welcome.

We look forward to seeing you!



Where:

Love's Farm House café
Kester Way
Saint Neots
PE19 6SL

When:

The first Tuesday
of every month,
starting 6 September 2022.
9:30 am — 12:00 noon

NJ Bootcamp Indoors

Wednesdays 8pm-8.45pm (see back page for specific dates)

NJ Bootcamp is fun, friendly and will bring out your competitive side. This is not a military-style or traditional-based bootcamp, instead it is exercise disguised as fun! The session will include a variety of equipment, games and exercises. You will get a full-body workout and have heaps of fun in the process.

Sessions cost £35 for a 6-week block (can be used over 7 weeks). Book at www.njfitnessandmassage.com/product/njbootcamp or contact Nicola on njfitnessandmassage@outlook.com for more information.

Youth Café

Wednesdays, 3:30-5pm, Love's Farm House

Did you know there are two weekly Youth Cafes happening across our town? One during term time on Tuesday afternoon 3.30pm-5pm @SNEC (St Neots Evangelical Church) on Cambridge Road and another on Wednesday afternoons, 3.30-5pm @ Love's Farm House.

At both, secondary school-aged young people are welcome to come and buy great value milkshakes, toast, waffles and other sweet treats and take time to hang out with their friends and a team of adults who are always ready to chat. The Cafés are



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hosted by trained youth workers from Y.F.C and Ely diocese: Ange, Adele and team. All secondary school-aged young people are welcome.

Little Loves

Thursdays, 9:30-10:30am,
Love's Farm House

This September we said goodbye to a number of our older children who have moved on to start their 'big school' journeys, we send love and thanks for letting us play a little part in your lives.

Autumn term is back in full swing with freshly cleaned toys, leaf crafts and plenty of songs. Our enclosed garden is still in use, whilst the weather allows, ready to explore the changing seasons. We welcome under 5's and their carers to join our popular Thursday gatherings.

SMART Day

Sat 8 Oct & 12 Nov, 11am and 2pm
Meet at the Pirate Ship

SMART days are our community's opportunity to come together to help clear litter and clean up our shared spaces and green places. They happen every month or so — full kit is provided (litter pickers, bags, hi-vis vests etc.) as well as lots of community camaraderie!

The next few dates are: Saturday 8 October 8, 12 November and 10 December. Meet at the Pirate Ship at 11am and/or 2pm. All ages welcome!



Grabbers at the ready to clean up the Farm

Love's Farm Out of Doors

with Phyllis Hooper

When I got up this morning there was still a dry line under my garden gate but it was raining! Not the threatened heavy, thundery rain but nice soothing, steady stuff — wetting rain. And so it proved when I did my usual early 3.5k steps, but I could feel, almost hear, the plants relaxing from their scorched and droopy state.

It seems that for most of 2022 I have been watching the weather maps show, day after day, a band of clouds approach from no-matter-which direction and all peter out just west of Cambridge!

My Ukrainian guests came mid-May and though we have played with umbrellas, we have never needed them. My rain gauge has registered 3mm twice. My water butts have been empty for ages. To exacerbate the lack of moisture we have had consistent high temperatures and full sun.

Short term the sadness is that most of the small tree saplings planted in

this area will not survive and many of the bigger trees may succumb. The arboriculturalist (tree man) in charge of the trees on Wintringham has been at his wits end. Trees that had been nurtured for 15 plus years, and then planted here, have a watering schedule of two years, but he had to take a whole lot of them back onto the schedule and still they are dying. Luckily most of our Love's Farm trees are OK though some of the ones I have planted are only just hanging in there despite my barrowing water as often as I could.

Two things have comforted the anxious plantsperson in me. Firstly I am old enough (easily) to remember the summer of 1976 when I lived about 25 miles west of here in the same "petering out" zone — that's a long time between such droughts. Secondly, we are in the absolutely worst place — those clouds did fall elsewhere. I'm thinking of all those millions of saplings planted by children and volunteers in the expectation of them providing lungs and a carbon sink for theirs and coming generations.

When I heard that HDC were considering some "rewilding" of Love's Farm I was momentarily horrified, seeing it as letting go control. But this summer has shown me that our thickets have done quite well. A few shrubs will die but their space will be taken up by self sown progeny, always more vigorous than planted babies. So long as we have some



Very low water at Wintringham

grass play areas and the paths are kept clear maybe giving nature a freer hand will be environmentally enriching.

At last the developers are starting on the car park at the back of Station Square and have promised to help us re-invigorate the main square. We are also taking over care of the planters on the Station approach, so generally we can look forward to a more aesthetically pleasing welcome for train arrivals to Love's Farm.

Watch out for the crazy woman in a pink Hiviz — I have a few little projects on this autumn and am always happy to help, give advice or find a job for someone!

phyllis.hooper@btinternet.com

07709903249

Advertise Here

Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to 1,500 homes on Love's Farm. Please contact Jenny on 01480 262626 (9am-3pm Monday-Friday) or email jenny@lovesfarmhouse.co.uk.

Get In Touch

Love's Farm News

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Love's Farm Community Association (LFCA)

info@ourlovesfarm.co.uk

Chair: Lara Davenport-Ray

chair@ourlovesfarm.co.uk

www.ourlovesfarm.co.uk

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Love's Farm House

Bookings and general enquiries

(Monday to Friday, 9am to 3pm):

Jenny 01480 262626,

jenny@lovesfarmhouse.co.uk

Chair: Raymon Gompelman

raymon@lovesfarmhouse.co.uk

www.lovesfarmhouse.com

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Town Councillors

Anna Crompton,

anna.crompton@stneots-tc.gov.uk

Katie Dundas-Todorov,

dunas-todorov@stneots-tc.gov.uk

Jaideep Kumar

jaideep.kumar@stneots-tc.gov.uk

Ben Pitt, ben.pitt@stneots-tc.gov.uk

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District Councillors

Marcus Pickering, 07796 617868

marcus.pickering@huntingdonshire.gov.uk

Lara Davenport-Ray,

lara.davenport-ray@huntingdonshire.gov.uk

huntingdonshire.gov.uk

County Councillor

Stephen Ferguson, 07525 987460,

stephen.ferguson@cambridgeshire.gov.uk

cambridgeshire.gov.uk

Financial Difficulties

Love's Farm Community Money

Advice:

www.lovesfarmchurch.com/moneyadvice

01480 260234,

moneyadvice@lovesfarmchurch.com

Breakfast Church

Helene Tame, 07938 803501

community.chaplain@yahoo.co.uk

BPHA

Contact Customer Services on

0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child.

Contact Sarah on 07872 331260

sarah.armstrong@hartbeeps.com,

www.hartbeeps.com

Kidslingo French

Ages: 4 to 8, £38 for 6 week block.

Call 07707 027640 or email

harriet.ward@kidslingo.co.uk

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Contact Nicola at njfitnessandmassage@outlook.com,

www.njfitnessandmassage.com.

Tiny Talk

Ages birth to 2 years, £6.50 per

session, contact Claire on

clairep@tinytalk.co.uk

Baby Sensory

Birth to 13 months, £37.50 for 5

classes. 07538 502587

beds@babysensory.co.uk,

www.babysensory.com

St Neots Business Hub

Contact Charlie Ashley-Roberts on

charliecareers@gmail.com.

Shining Stars Children's Charity

Contact Natalie on

natalie@shiningstars.org.uk or

www.shiningstars.org.uk

Pilates with Laura

£78 for 12 classes. Contact

Laura on 07900 242904 or

laura@pilateswithlaura.co.uk

Healthy You

Call 03330 050093 or visit

www.healthyyou.org.uk

Youth Café

School years 7 to 13. Email Adele

at adele.jones@elydiocese.org

Love's Farm Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per

person / £9 per family. Contact

Paul on 07790 217170

Pregnancy Relaxation

Contact Jessica at Whole Birth &

Beyond on wholebirthandbeyond@gmail.co.uk or

www.wholebirthandbeyond.co.uk

Broadway Boogie

Contact Lynne on

dsmdancewithlynn@gmail.com

or facebook.com/dsmdancewithlynn.

dsmdancewithlynn.

GPC Mixed Martial Arts

Visit www.gpcmma.com.

Love's Farm Rainbows, Brownies & Guides

guides@lovesfarmguiding.org.uk,

www.girlguiding.org.uk

Mama Baby Bliss Yoga

Yoga for babies, toddlers, mums

and dads. Contact

joanna.miller@mamababybliss.com

call 07904 374212 or visit

www.mamababybliss.com/classes/book-a-class/biggleswade-st-neots.

Junior Youth Club

School Years 3 to 6. Contact

Helene on 07938 803501,

community.chaplain@yahoo.co.uk

Love's Farm Book Club

Join the Facebook group at

www.facebook.com/lovesfarmbookclub

lovesfarmbookclub

Street Dance & Cheer Workshop

Various classes for ages 4+,

£4 to £5.50 per class. Contact

Katy on 07500 875060, www.katynorthdancedanceacademy.com

www.katynorthdancedanceacademy.com

Footsteps Dance Academy (ballet, tap & modern)

Contact

missjemma@footsteps.co.uk or

www.footstepsdance.co.uk

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/lovesfarmrunners

lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs



What's On

October 2022

Events are at Love's Farm House foyer, hall or meeting room, or out and about.
 Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.com or call 01480 262626 for more information.

					Saturday	Sunday
					* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15, 9.45, 10.30, 11am Footsteps 8.45 - 4.30 @ RH School	Love's Farm House is available to hire for private parties. Please call 01480 262626
Monday	Tuesday	Wednesday	Thursday	Friday		
Hartbeeps 9.30, 10.30, 11.30, 12.45, 2.00 Kidslingo French 4.40 - 5.20pm Lift Lean 6.15 - 7pm Zumba 7.05 - 7.50pm Fitness Pilates 7.55 - 8.55pm	* FH Cafe 9am - 12noon * bpha Drop-In 9am - 12noon Baby Sensory 9.45, 11.15am Business Hub 12noon - 2pm Shining Stars 3.30 - 5.30pm Rainbows & Brownies 5pm, 6.15pm @ RH School Pilates 6pm, 7pm, 8pm LF Runners 8pm @ Stn Sq	Healthy You 9.30 - 1.30 Fit Mum 9.35 - 10.20am Tiny Talk 11am - 12noon * Youth Cafe 3.30 - 5pm * Karate 5.30 - 7pm Broadway Boogie 7.10pm Indoor Bootcamp 8pm	* Little Loves 9.30 - 10.30am GPC MMA 4.30pm, 5.15pm @ RH School Brownies 6 - 7.30pm Guides 7.30 - 9pm	Toddler Yoga 9.30am Baby Yoga 10.30am, Youth Club 5pm, 6pm * Karaoke & Cocktails @ the Farm House Bar 8pm - late	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am Footsteps Dance 8.45am - 4.30pm @ RH School	* Breakfast Church 10am
Hartbeeps Kidslingo French Lift Lean Zumba Fitness Pilates <i>Times as above</i>	* Farm House Cafe Baby Sensory Shining Stars Rainbows & Brownies Pilates LF Runners <i>Times as above</i>	Fit Mum Tiny Talk * Youth Cafe * Karate B'way Boogie <i>Times as above</i> Pregnancy Relaxation 8.05pm	* Little Loves 9.30 - 10.30am GPC MMA 4.30pm, 5.15pm @ RH School Brownies 6 - 7.30pm Guides 7.30 - 9pm	Toddler Yoga Baby Yoga Youth Club <i>Times as above</i> * Quiz Night @ the Farm House Bar 7.30 - 11pm	* Lazy Breakfast Street Dance Footsteps Dance <i>Times as above</i>	* Breakfast Church 10am * Revive! 4pm
Hartbeeps Halloween Rave Kidslingo French Lift Lean Zumba Fitness Pilates <i>Times as above</i>	* Farm House Cafe Baby Sensory Shining Stars Rainbows & Brownies Pilates LF Runners <i>Times as above</i>	Healthy You Fit Mum Tiny Talk * Youth Cafe * Karate B'way Boogie Bootcamp <i>Times as above</i> *LFCA Meeting 7.30pm Zoom	* Little Loves GPC MMA Brownies Guides <i>Times as above</i> Love's Farm Ladies WI 7pm @ SNFC	Toddler Yoga Baby Yoga <i>Times as above</i> * Games Night @ Farm House Bar 7.45pm - 11pm * Love's Farm Book Club 7.45pm	* Lazy Breakfast Street Dance Footsteps Dance <i>Times as above</i>	* Breakfast Church 10am
Hartbeeps Lift Lean Zumba Fitness Pilates <i>Times as above</i>	Baby Sensory Shining Stars Pilates <i>Times as above</i>	Healthy You Fit Mum Bootcamp <i>Times as above</i>	K. North Cheer Workshop 9am - 3pm * Sweetie Bingo 6.30 - 8.30pm		Halloween Disco 6pm - 10pm	
Hartbeeps 9.30, 10.30, 11.30, 12.45, 2.00						