



Love's Farm News

October - November 2019

www.ourlovesfarm.co.uk



Neighbourhood Watch is a community-driven approach to reducing crime and anti-social behaviour

Neighbourhood Watch Comes to Love's Farm

LFCFA has launched a community-wide Neighbourhood Watch scheme covering the whole of Love's Farm and we are encouraging everyone to get involved.

Neighbourhood Watch is a national initiative that aims to create strong, friendly, active communities where crime and anti-social behaviour are less likely to happen. We're already

proud of the strength of community here on Love's Farm, and in many ways Neighbourhood Watch just reinforces what we are already doing as neighbours.

What it means

Being a member of Neighbourhood Watch means being a good neighbour and caring about Love's Farm. It doesn't mean interfering in

other people's business; just that your neighbours will look out for you, your family, your home and your street and Love's Farm, and you will do the same for them.

In undertaking to give whatever support they can to help Neighbourhood Watch achieve its objectives, all members do whatever they can to make their neighbourhood safer and more secure.

Neighbourhood Watch sends a clear message that crime and anti-social behaviour is not tolerated in our community, and we undertake to work with the police by reporting issues that affect our neighbourhood.

Getting the word out

bpha have very generously given some money towards the cost of signs. However, the signs are not cheap and we will need to raise some more money to get good coverage across Love's Farm. So we will be looking to residents to make a small contribution towards the cost of signs on your street.

Our Street Reps will be leading the effort to make Neighbourhood Watch visible on your street. They will have a small supply of stickers which could be put in any prominent windows and will be collecting contributions for signs to go on lampposts. We'll publish more details about this as plans develop, along with any other updates, on our website (below).

Your Street Rep will also be an

important point of contact – you should make sure they are aware of any issues on your street. You can find out who your Street Rep is at www.ourlovesfarm.co.uk/streetreps. If your street doesn't yet have one, could you volunteer?

Signing up

Detailed instructions can be found on our website (below). There are two parts to the process – first you need to register for an account on the national Neighbourhood Watch website, then sign up for our scheme, which is called "Love's Farm Community".

More information

Find your Street Rep, more information about Neighbourhood Watch, and how to sign up, at www.ourlovesfarm.co.uk/watch

Green Light for Hooper's Green

Love's Farm residents will have noticed the new hoarding that has appeared around the plot of land on the south-west corner of Love's Farm – the final plot to be built on.



A computer visualisation of the new development

Developer L&Q has been granted planning permission to build 41 homes on the land. 12 will be available to rent at affordable prices, five will be part-rent, part-buy, with the remaining 24 for sale at market prices. Building is set to commence before Christmas, with the first occupants moving in by autumn 2020 and the last ones in by summer 2021. Find out more about the development at www.lqhomes.com/hoopersgreen

The team from L&G attended LFCA meetings in January and again in September, and the architects have acted on the feedback of residents in terms of walking routes through the site. LFCA will continue to liaise with

L&Q throughout the build process and beyond. We are looking forward to working with L&Q Foundation, which works with local community groups, schools and employment partners to support L&Q residents and their local communities.

We are delighted that L&Q has named Hooper's Green after Max Hooper, an esteemed biologist and Love's Farm resident until his death in 2017. On completion, St Neots Town Council has recommended the new street be called Hooper Crescent.

Max pioneered a method for estimating the age of a hedgerow by examining the diversity of species it contains. With the ancient hedgerow



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Max Hooper at the Big Lunch, Love's Farm in 2014

running through Love's Farm, it is fitting that the new homes and street carry his name. You can find out more about Max Hooper's life at www.tinyurl.com/maxhooper

LFCA Community Awards, Quiz and AGM

**Friday 11 October from 7:30pm,
Love's Farm House**

Love's Farm Community Association will hold its annual Community Awards at Love's Farm House on 11 October. It's a chance for us all to



Katie Boldero was one of our award-winners last year for her successful campaign to improve fencing at the Pirate Ship playground

celebrate the brilliant projects and even more brilliant people that make Love's Farm such an enjoyable place to live. We've had some great nominations and are looking forward to announcing this year's winners.

We'll be combining the evening with a family-friendly quiz, a review of the year, quick AGM presentations for LFCA and Love's Farm House plus discounted fish and chips from (the award-winning) Cox's at the Light-house. We hope you can join us!

School Governor Vacancy

The Round House Primary Academy is looking for a new community governor to join its team. This is a great way to get involved in the Love's Farm community.

A governor's role is to help ensure that the school provides pupils with a high quality education in a safe, caring environment — by attending meetings at which the Head's Report and ongoing progress is discussed, looking at the School Development Plan and overseeing the school budget. Governors are encouraged to visit the school on a regular basis — for example, to attend lessons, performances, and assemblies and the year six leavers' party.

It's not an onerous task and meetings are friendly and constructive. We aren't looking for any specific skills or knowledge, and training is provided. Governors'

meetings take place approximately six times a year during the evening.

If you're interested in the role, please get in touch with the Chair of the Governors, Penny Norton, at pennymnorton@gmail.com.

Halloween Disco

Saturday 2 November, 6-10pm,
Love's Farm House

Our annual Halloween Disco is something of an institution... a night when seemingly normal people dress up like a bunch of weirdos, play ridiculous games and dance like buffoons to cheesy pop music. There'll be prizes for the best costumes and the worst dancing... as always we'll be expecting great things from you all. The bar will be open but please don't get too sozzled and forget you brought your children with you.

Braindead Ben will be spinning the



We're not really sure what's going on here but as long as they're happy.

tunes, with Abominable Anna running the games and utterly revolting catering from Marauding Maria.

Our Halloween Disco costs £2 per person (babes in arms go free) and is always a sell-out. Head over to Love's Farm House (open Monday to Friday, 9am to 3pm) or book online at www.lovesfarmhouse.com/tickets

Money for St Neots – Future High Street Fund

You may have seen in the media about a recent grant of up to £150,000 by the government to St Neots. Grants were announced at the end of August to 50 towns (another 50 towns had already been agreed in July). These are to enable towns to prepare a business case to compete for a share of the government's £1 billion Future High Street Fund.

The objective of the fund is "to renew and reshape town centres and high streets in a way that drives economic growth and sustainably improves how people use them". The initial money will be spent by Hunts District Council working with the St Neots Master Plan group to prepare a bid for a large capital grant. Final submission of this is due in April 2020. Initial thinking for St Neots is for redevelopment around the Priory Centre and library ("Priory Quarter") to better appreciate St Neots's river



frontage and market square. This includes providing increased employment including start up and incubator facilities, leisure and community facilities as well as retail in the town. The aim is to match the housing growth in the town and encourage residents to stay in the town for work and leisure.

David Wells

Parking and Chicanes Update



Parking restrictions were introduced to Love's Farm over the summer

You will have seen that the yellow lines are now installed across Love's Farm, with a few gaps to be completed by the contractors. LFCA and I have received feedback that's mostly very positive. As we said during the consultations it was always going to be difficult to meet every one's requirements 100 per cent.

So far the scheme seems to have been successful in reducing commuter parking, albeit by displacing some cars to some very

inconsiderate if not dangerous parking in Hawkesden Road across the railway. The Town Council has submitted a bid to restrict parking on this road as well. The latter will be considered as part of the 2020-21 programme in January 2020. I (and others) are also asking about other solutions to try and cut through the risk of just moving the commuter parking from one place to another. I suspect this will take time (we have been working on the Love's Farm restrictions since 2015).

You may remember that earlier this year we also got approval for money to modify or remove the traffic chicanes on the Dramsell Rise bridge and corner of Hogsden Leys and Cockrells. I've been told the County highways officers will be looking at this once the estate parking work is finished.

David Wells

Find a New Hobby at St Neots Community Day

Saturday 19 October, 10am - 3:30pm, The Priory Centre

Over 30 clubs and community groups will be descending on the Priory Centre on 19 October to showcase the wide variety of activities you can take part in in our town. From cycling to fencing, knitting to drama, singing to photography, there's sure to be something for everyone. Love's Farm Community Association, Love's Farm House and Love's Farm Runners

will be there to fly the flag for our part of the town, so please come along to say hello. Entry is free.

Love's Farm Book Club

Friday 18 October and
15 November from 7:45pm,
Love's Farm House

Love's Farm Book Club is a new

initiative set up by Love's Farm residents Katie Rush and Charlotte Kane-Belcher, meeting on the third Friday of the month at Love's Farm House.

The first book will be *Big Little Lies* by Liane Moriarty, which the group will be discussing at the second meet-up on 18 October.

The first meet-up on 13 September

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There was a great turn out for the first meeting of Love's Farm Book Club in September

was a great success — so much so that the group will be using the hall rather than the meeting room at Love's Farm House, with the date moved to the third Friday of the month. It's a great opportunity to see friends, make new ones and discuss books (and anything else) over a glass or two of gin.

Street Light Repairs

Many of you got in touch last winter to ask what could be done about the numerous dead street lights across Love's Farm.

Love's Farm Community Association (LFCA) surveyed the whole development and logged almost 50 broken street lights, and we have since been working to address these with more than 10 companies and organisations across Love's Farm who share responsibility for their maintenance.

The majority of these have now been fixed although we are still working with bpha to get a few remaining lights sorted on their streets and parking areas, and with the landlord for the Tesco car park.

This summer the main spine roads were adopted by Cambridgeshire County Council — which means that street light faults on these roads can now be reported online at www.lightingcambridgeshire.com/contact-us/report-fault.htm. In the meantime, other roads remain the responsibility of the original developers, but we expect that these will eventually be adopted by the County Council too.

If you spot a light that's out and you're unsure who is responsible, please email Marcus at chair@ourlovesfarm.co.uk to describe its location and we'll do our best to point you in the right direction to help you get it fixed.



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St Neots Film Festival

6 and 7 November, 6-9pm
Cineworld St Neots; 8 November
from 7:30pm, Love's Farm House

St Neots Film Festival is a celebration of short films made by filmmakers from around the world.

This year there are five categories: Fiction and Animation films will be shown on Wednesday 6 November, while Documentaries, Teenage and Children's films will be screened on Thursday 7, both at Cineworld St Neots. The final evening on Friday 8 November at Love's Farm House will include repeat screenings of the winning films and Q&A sessions with the filmmakers. Thanks to sponsorship from Urban&Civic, all screenings are FREE this year but the Cineworld dates must be booked in advance.

All films are less than 20 minutes, and there's a wonderful variety from inventive comedies to gritty dramas to thought-provoking documentaries.

If you have an interest in film and fancy a night out that's a bit different, visit www.stneotsfilmfestival.co.uk for more information and to book tickets in advance for the Cineworld dates.



How and Why Don Jose Dissipated, a film by Jerusalem-based filmmaker Moshe Ben-Avraham

Everyone Health Clinic

| Wednesdays, 9:30am - 1:30pm

Are you worried your lifestyle is having a detrimental impact on your health? Would you like some expert support to help you lose weight, give up smoking, or generally live a healthier life?

EVERYONE
WANTS TO
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Everyone Health are offering completely free appointments with health trainers to support the health and well-being of Cambridgeshire Residents. Health trainers can provide one-to-one support with lots of lifestyle issues including weight management, nutrition and exercise advice, stopping smoking, alcohol issues, stress management and falls prevention. They also work in partnership with the NHS so they can refer you directly to schemes such as CAMQUIT or help you to access programmes like Slimming World and Weight Watchers. All of this is completely FREE of charge. Clinics run at Love's Farm House on Wednesdays from 9.30am-1.30pm. Please call 03330 050093 to make an appointment.

What's New at Love's Farm House

Dewey School of Dance

Thursdays 4pm-4.45pm Creative Contemporary Dance (Ages 5-8)

Thursdays 4.45pm-5.30pm Contemporary Dance (Ages 9-12)



Contemporary dance classes have landed at Love's Farm

House. Younger children (aged 5-8) start with Creative Contemporary Dance, which aims to turn their natural creativity into expressive dance. Children will work as a team with their friends, using their imagination to come up with their own choreography. Older children (aged 9-12) will begin to learn technique as well as choreography, allowing them to express themselves through mind, body and dance.

Lessons are £30 per half term. For more information or to book your child's space contact Megan on 07801 982389 or message their Facebook page at www.facebook.com/DeweySchoolofDance.

Sweaty Mama

| Thursdays 11.40am-12.25pm



Sweaty Mama is back at Love's Farm

House from Thursday 26 September. Sweaty Mama classes are fun,

friendly and effective workouts you can do while interacting and bonding with your little ones, all to upbeat music you and your child will love. Provided by fully qualified instructors who are Pre- and Post-Natal trained, you are in the best hands!

Sessions cost £40 for six classes. For more information or to book your place please contact Tatiana on tatiana@sweatymama.com, or sign up on their website at www.sweatymama.com/book-on-a-class.

Little Miracles

| Mondays at Love's Farm House



The St Neots branch of Little Miracles is now based at Love's Farm House! Little Miracles

is a charity that supports local families with children or young adults with additional needs or disabilities. They run parent support sessions and play sessions for children, as well as providing special days out and events for their members. They can also support your family by linking you with other professionals and services.

If you are a family with a child or young adult who has additional needs or disabilities, please email stneots@littlemiraclescharity.org.uk or via [facebook.com/LMStNeots](https://www.facebook.com/LMStNeots) to sign up and find out how they can help you.

CoderDojo

20 October and 30 November,
3.30-5.30pm



CoderDojo is coming soon to Love's

Farm House. It provides monthly computer coding sessions for children aged 7-17, is run by local volunteers and is free to attend.

Children will be using Scratch, a visual programming tool, to learn basic coding. All they need is a laptop (and a parent if they are under 12). Sign up to the St Neots CoderDojo at www.tinyurl.com/coderdojo-stneots to join the Dojo and be notified of future sessions.



St Neots CoderDojo teaches kids to code

Halloween at Love's Farm House

Get set for a spooooooky Halloween at Love's Farm House! Unearth your scariest costumes, get ready for some ghoulish games and break out the terrifying dance moves for Love's

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01480 215665
or just pop in.

*Consultation fee applies

Farm House's annual Halloween Disco, 6-10pm on Saturday 2 November. Tickets must be bought in advance and are available from the Love's Farm House office or on www.lovesfarmhouse.com/tickets

If dancing's not your thing, join Mess Around Cambridgeshire for their MEGA MESS Spooktacular on Saturday 12 October from 1.30 to 2.30pm, for children aged 6 months to 5 years (siblings aged 6-10 also welcome). Little ones can mix, pour, dig and explore, from ghostly mud to gory goo, while parents relax safely in the knowledge that they can leave the cleaning up to someone else. Tickets must be purchased in advance via www.messarounduk.com/cambridgeshire, £10 per child aged 6 months-5 years / £5.50 per sibling aged 6-10 years.

If arts and crafts are more your scene, Silver Rock Designs will be holding a magic-themed children's craft club on the morning of Thursday 24 October. Unleash your inner Harry Potter to make some magical creations. For details and to book your child's space visit [facebook.com/SilverRockDesigns](https://www.facebook.com/SilverRockDesigns). Last but not least, Emmabelle's Princess Parties will be joining us on Sunday 27 October for a Halloween party with a difference — visits from three princesses AND their villains! This event is already sold out, but keep an eye on their website at www.facebook.com/

[Emmabelle's Princess Parties](#) for details of future events.

Whisky • Beer • Cheese • Chocolate

Friday 22 November, 8pm until late, Love's Farm House



Love's Farm House is teaming up with Shume and Axiom Brands for an evening of indulgent pleasure. The starting point for our menu is Starward whisky, distilled in

Melbourne and matured in Aussie wine barrels, this is a whisky experience that's ripe for the picking. We'll be lining up some delectable cheeses, beers and chocolates to get your taste buds fluttering with excitement. Tickets are £20 in advance from lovesfarmhouse.com/tickets or from Shume or the Love's Farm House office.

Love's Farm Out of Doors

First of all I have an apology. Back in the spring I promised you recipes for preserving our quince crop but there are hardly any on the whole Farm! I also said not to get excited about the pear crop because our trees are ornamentals... and they are loaded this year! What would I know with only 72 years' experience of fruit growing? It's all down to the night temperature while each variety is in flower. I haven't tried the pears yet but I doubt if they will ripen like shop



Sloes growing in the hedgerow

bought ones, but will stew with cinnamon and honey, or pickle with a cucumber pickle to serve with fish dishes.

This month I have been pondering on the importance of our green spaces to our well-being. Do you sometimes walk out of your house early in the morning and marvel at

how clean the first breath feels?

Plants take in carbon dioxide and give out oxygen, and animals do the opposite. Plants lock up the carbon (from the carbon dioxide that we breathe out) in their growth and we rely on the oxygen that plants give out during photosynthesis. Not quite as simple as it sounds but...

...in a perfect world there would be a perfect balance. Luckily, sea-green is not just a colour — it indicates that nearly 80%* of the world's oxygen is produced by tiny sea plants called phytoplankton. But we have to share that with all the fish before it is free for us to breathe in.

The rest of our essential oxygen comes from land plants. We usually



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Saturday night (6pm-midnight) - £200

Saturday all day (midday-midnight) - £350

Please call 01480 262626, email bookings@lovesfarmhouse.co.uk or pop in for more information and to book your event. Our office is open Mon-Fri 9am-3pm (9am-12pm during school holidays).

www.lovesfarmhouse.com facebook.com/lovesfarmhouse

think of tropical forests as the main source, but in fact* boreal forests, largely coniferous, of North America, Scandinavia and Russia probably produce more*. Now we begin to see the fear surrounding clearing of the former and logging the latter.

So what has this to do with Love's Farm Out of Doors? Well, I feel pretty helpless about global oxygen — I don't eat products with palm oil or buy log cabins — but I can and do value and enjoy our Love's Farm green spaces, and perhaps grumble less about their over-planting and lack of aftercare. We need every leaf to help us breathe in that lovely clean first breath.

But hold it! Autumn is upon us and the leaves will be falling off. Thank goodness we are in a global system, however fragile.

BBC science writer Luis Villazon has calculated that each person needs the net oxygen of eight big (sycamore) trees to survive*. Bags I have the eight big oaks we have along Fox Brook!



Hazelnuts



Spanish chestnuts

Don't forget the Town Council gave us some tulip bulbs. They are happy for us to plant them in the longer grass sloping down to the pond areas so send me ideas of where you'd like them and stand by to form planting gangs in November.

You can reach me about this or any other ideas you have for improving the green spaces on Love's Farm at phyllis.hooper@btinternet.com.

* The sprinkling of asterisks in this piece are because of the widely varying figures for all these statistics.

Phyllis Hooper

Advertise Here



Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to 1,400 homes on Love's Farm. Please contact Jenny on 01480 262626 (9am-3pm Monday-Friday) or email jenny@lovesfarmhouse.co.uk.

Get In Touch

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Love's Farm Community Association (LFCA)

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www.ourlovesfarm.co.uk
  ourlovesfarm

Love's Farm House

Bookings and general enquiries
(Monday to Friday, 9am to 3pm):
Jenny 01480 262626
jenny@lovesfarmhouse.co.uk
Chair of trustees: Ben Pitt
ben@lovesfarmhouse.co.uk
www.lovesfarmhouse.com
  lovesfarmhouse

Town Councillors

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Caroline Gregson, caroline.gregson@sntc.co.uk
Ben Pitt, ben.pitt@sntc.co.uk

District Councillors

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davidjwells@hotmail.co.uk
Nik Johnson, 07957 210183,
nikmagpiejohnson@btinternet.com

County Councillor

Julie Wisson, 07725 791459,
julie.wisson@cambridgeshire.gov.uk

Community Chaplain, Breakfast Church

Helene Tame, 07938 803501
community.chaplain@yahoo.co.uk

Sakura Shotokan Karate Club Cambridge

£5 per session. Email Lucas on
cambridgekarate@gmail.com

BPHA

Contact Customer Services on
0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child.
Contact Anna on 07903
142133 annac@hartbeeps.com,
www.hartbeeps.com

Little Miracles

Email stneots@littlemiraclescharity.org.uk or
facebook.com/LMStNeots

Abacus Mental Maths

Contact Abi on 07712 659961 or
Bedford@brainup.uk,
www.brainup.uk

Zumba, Fitness Pilates and Fit Mums

£30 for a block of six, or pay-as-you-go at Zumba at £6 per class.
Contact Nicola at njfitnessandmassage@outlook.com

Baby Sensory & Toddler Sense

Birth to 5 years, £70 for 10 classes. Contact Sam on 07538 502587
beds@babysensory.co.uk, www.babysensory.com,
www.toddlersense.com

Pilates

£78 for 12 classes. Contact Laura on 07900 242904 or
laura@laurasfitness.co.uk

Tiny Tots Dance

Ages: 2½ to 4, £4.50 per child.
Contact Amy at hello@tinytotsdance.co.uk, facebook.com/tinytotsdanceclasses

St Neots Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact Paul on 07790 217170

Little Loves

Ages: Birth to Preschool, £1 per family. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Youth Café

School years 7-11 only. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Sweaty Mama Fitness

£40 per 6 week block, Contact tatiana@sweatymama.com

Dewey School of Dance

Ages: 5-12, £30 per half term.
Contact Megan on 07801982389

Love's Farm Rainbows, Brownies & Guides

Contact guides@lovesfarmguiding.org.uk,
www.girlguiding.org.uk

Yogabellies (inc. Mum & Baby, Mum & Toddler, Pregnancy)

Contact Niki on 07514 093907,
niki@yogabellies.co.uk,
www.yogabellies.co.uk

Junior Youth Club

Ages: School Years 3 to 6.
Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

St Neots Film Club

£5 per person. www.facebook.com/StNeotsFilmClub

Nia

£8 per class. Contact Ildi at ildiko.miklos@hotmail.com,
facebook.com/ildinia

Streetchance

Various classes for ages 4+,
£4 to £5.50 per class. Contact Katy on 07500 875060, www.katynorthdanceacademy.com

Life Drawing

Contact Stephen at lifedrawing@neotists.co.uk

CoderDojo

Visit www.tinyurl.com/coderdojo-stneots

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/groups/lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs

What's On October 2019



	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	<p>* Farm House Coffee Shop 9am - 12.30pm</p> <p>* BPHA drop in 10am - 2pm</p> <p>Baby Sensory 10am, 11.20am</p> <p>Pilates 6pm, 7pm, 8pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>Fit Mum 9.25 - 10.10am</p> <p>Everyone Health 9.30am-1.30pm</p> <p>Youth Cafe for Sec School Yr 7-11 3.15 - 5.30pm</p> <p>* TSD Karate 5.30 - 7pm</p> <p>Yoga 7.15 & 8.30pm</p> <p>LF Runners 7&8pm @ Sn Sq</p>	<p>* Little Loves 9.30 - 11am</p> <p>Sweaty Mama 11.40am-12.25pm</p> <p>LFR Walking Group 2pm @ Stn Sq</p> <p>Contemporary Dance 4pm & 4.45pm</p> <p>Brownies 6 - 7.30pm</p>	<p>Mum & Toddler Yoga 9.30am</p> <p>Mum & Baby Yoga 10.45am</p> <p>* Messy Church 3.20 - 5.20pm</p> <p>Jr Youth Club 6 - 7pm</p> <p>* Cocktails & Karaoke at the Farm House Bar 8pm- 12am</p>	<p>* Nia 8am - 9am</p> <p>* Lazy Breakfast 9 - 11am</p> <p>Street Dance 9.15, 9.45, 10.30 & 11am</p> <p>* Councillor Surgery 10am - 11am</p>	<p>Life Drawing 9.45 - 11.45am</p> <p>Pregnancy Yoga 6.45pm</p> <p><i>Love's Farm House is available to hire for private parties. Please call 01480 262626.</i></p>	
Monday	<p>* Farm House Coffee Shop 9am - 12.30pm</p> <p>Baby Sensory 10am, 11.20am</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>Fit Mum Everyone Health</p> <p>Youth Cafe for Sec School Yr 7-11</p> <p>* Tang Soo Do Karate</p> <p>Yoga</p> <p>LF Runners <i>Times as above</i></p>	<p>* Little Loves Sweaty Mama</p> <p>LFR Walking Group</p> <p>Contemporary Dance</p> <p>Brownies <i>Times as above</i></p>	<p>Mum & Toddler Yoga 10.45am</p> <p>Jr Youth Club 6 - 7pm</p> <p>* Farm House Bar 7.30 - 11pm</p> <p>* Love's Farm Community Awards & AGM 7.30pm</p>	<p>* Nia</p> <p>* Lazy Breakfast</p> <p>Street Dance <i>Times as above</i></p> <p>Mess Around St Neots - Mega Mess Spooktacular 1.30pm - 2.30pm</p>	<p>* Breakfast Church 10 - 11.30am</p> <p>Pregnancy Yoga 6.45pm</p>	
	<p>Hartbeeps 9.30, 10.30, 11.30 & 12.45</p> <p>Abacus Maths 5.30 - 6.30pm</p> <p>Shotokan Karate 6 - 7pm</p> <p>* Zumba 7 - 8pm</p> <p>Fitness Pilates 8.10 - 9.10pm</p>	<p>* Farm House Coffee Shop 9am - 12.30pm</p> <p>Baby Sensory 10am, 11.20am</p> <p>Pilates 6pm, 7pm, 8pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>* Little Loves Sweaty Mama</p> <p>St Neots Business Hub 12 - 2pm</p> <p>Walking Group</p> <p>Cont. Dance</p> <p>Brownies <i>Times as above</i></p> <p>* LF Ladies (WI) 8pm @ SNFC</p>	<p>Jr Youth Club 6 - 7pm</p> <p>* Farm House Bar 7.30 - 11pm</p> <p>* Love's Farm Book Club 7.45pm</p>	<p>* Lazy Breakfast 9 - 11am</p> <p>Street Dance 9.15, 9.45, 10.30 & 11am</p>	<p>* Breakfast Church 10 - 11.30am</p> <p>Coderdojo 3.30 - 5.30pm</p> <p>Pregnancy Yoga 6.45pm</p>	
	<p>Hartbeeps</p> <p>Abacus Maths</p> <p>Shotokan Karate</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>* Farm House Coffee Shop 9am - 12.30pm</p> <p>Baby Sensory 10am, 11.20am</p> <p>Pilates 6pm, 7pm, 8pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>Fit Mum Everyone Health</p> <p>Youth Cafe for School Yr 7-11</p> <p>* TSD Karate</p> <p>Yoga</p> <p>* LFCA Meeting 7.30pm</p> <p>LF Runners <i>Times as above</i></p>	<p>Jr Youth Club 6 - 7pm</p> <p>* Quiz Night at the Farm House Bar 7.30 - 11pm</p>	<p>* Lazy Breakfast 9 - 11am</p> <p>Street Dance 9.15, 9.45, 10.30 & 11am</p>	<p>* Breakfast Church 10 - 11.30am</p> <p>Emmabelle's Spooks & Sparkles Halloween Party (Sold Out) 3pm-5pm</p>	
	<p>Abacus Maths</p> <p>Shotokan Karate</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>Baby Sensory</p> <p>MS Meet-Up 12 - 2pm</p> <p>Pilates</p> <p>LF Runners <i>Times as above</i></p>	<p>Fit Mum 9.25 - 10.10am</p> <p>* TSD Karate 5.30 - 7pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>Silver Rock Craft Workshop 10am - 12noon</p> <p>Sweaty Mama 11.40am - 12.25pm</p> <p>Walking Group 2pm @ Stn Sq</p>	<p>* Quiz Night at the Farm House Bar 7.30 - 11pm</p>	<p>* Breakfast Church 10 - 11.30am</p>	
	<p>Hartbeeps</p> <p>Abacus Maths</p> <p>Shotokan Karate</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>* Farm House Coffee Shop</p> <p>Baby Sensory</p> <p>Pilates <i>Times as above</i></p>	<p>Fit Mum Everyone Health</p> <p>Youth Cafe for School Yr 7-11</p> <p>* TSD Karate <i>Times as above</i></p> <p>Yoga 8.15pm</p>	<p>* Little Loves Sweaty Mama</p> <p>Contemporary Dance</p> <p>Brownies <i>Times as above</i></p>	<p>Events are at Love's Farm House foyer, hall or meeting room, or out and about. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.co.uk or call 01480 262626 for more information.</p>		