



Love's Farm News

June - July 2019

www.ourlovesfarm.co.uk



Last year's Great Get Together took place on the Round House school field.

Great Get Together 2019



The Great Get Together is a national celebration of community, inspired by Jo Cox MP and her belief that, "We are far more united and have far more in common than that which divides us." There are thousands of events taking place up and down the country, and once again we'll be getting involved on Love's Farm.

After our inaugural event in 2017 on

Station Square and last year's sports-themed event on the Round House school field, this year we are showcasing some of the community activities that happen throughout the year on Love's Farm.

Love's Farm Quiz

| Friday 21 June, 7:30pm - 10pm

The weekend starts with our monthly Love's Farm Quiz (moving from its regular slot on the last Friday



Lazy Breakfast, serving pastries and bacon butties on Saturday mornings at Love's Farm House.

of the month). Expect lots of random rounds, plenty of laughs and a great opportunity to meet fellow residents.

Lazy Breakfast

| Saturday 22 June, 9 - 11am

The Love's Farm House volunteers will be serving up bacon butties, fresh pastries, proper coffee, speciality teas, hot chocolates and cold drinks at the Lazy Breakfast café. We're hoping for good weather so we can open up the garden, too. If you've never joined us for breakfast on a Saturday morning, this is the perfect opportunity to do so.

SMART Day

| Saturday 22 June, 11am and 2pm

Once you've filled up on breakfast,



We'll be sparking up the barbie on Saturday 22nd

join Helene and the gang for a bit of SMART litter picking. All equipment is provided, and it's a strangely therapeutic experience for all ages. Meet at the Pirate Ship at 11am or 2pm.

Community Barbecue and International Food Fair

| Saturday 22 June, 4:30pm - late

On Saturday afternoon we'll be opening up Love's Farm House for a Community Barbecue. We're hoping to include a few special culinary treats from around the world, and something pleasing for your ears too. Bring your family, invite your neighbours and don't make any plans for the rest of the day.

Love's Farm Massive Yard Sale

| Sunday 23 June, 10am to 2pm

If you've had a clear out and can't be bothered to do a car boot, or you've been putting off a clear out since moving house, this event is for you. Have a stall in your garden or car parking space. Register your house at www.ourlovesfarm.co.uk and we'll make a map and list of all houses taking part. Shoppers, head to www.ourlovesfarm.co.uk or www.facebook.com/ourlovesfarm to see the map of people taking part.

Meet Your Street

| Sunday 23 June, 3pm

To complete our weekend of community events, at exactly 3pm on

Sunday 23 June we're encouraging everyone on Love's Farm to step out of their front door to Meet Your Street. Whether you're best friends with your neighbours or you've never met them, this is your chance to throw caution to the wind, step outside and see what happens. Feel free to bring something to share — a drink, box of chocolates, football, hula hoop, pet terrapin... or just turn up and say "hello" to whoever is there. Or just stare at an empty street and go back inside again. Either way, we hope it'll be a bit of a giggle.

If your street has a Facebook group, put it to good use by rallying the troops beforehand. Please share



The new Love's Farm Community Garden will be growing food in the garden at Love's Farm House

photos of your street gatherings at www.facebook.com/ourlovesfarm

Love's Farm Community Garden

Keen to develop stronger connections in Love's Farm? Want to learn more about growing your own fruit

TRAVELLING ABROAD?

GET YOUR TRAVEL VACCINES HERE

LOVES FARM, 5 KESTER WAY, LOVES FARM, ST.NEOTS, CAMBS, PE19 6SL

Web: www.lovesfarmpharmacy.co.uk

Email: lovesfarm@aah-n3.co.uk

Will you be travelling to countries in which water quality may be of a lower standard?

Will you be travelling to the wilderness or into rural areas where you are likely to be exposed to farm animals or wildlife?

Will you be spending a lot of time outdoors where you may be exposed to mosquitoes?

FREE PRESCRIPTION COLLECTION & DELIVERY SERVICE ALSO AVAILABLE.

WHY NOT GET OUR FREE APP (HEALTHERA) TO ORDER YOUR PRESCRIPTIONS.

Contact us on: 01480 215665
5 Kester Way, Loves Farm,
St.Neots, Cambs, PE19 6SL
Web: www.lovesfarmpharmacy.co.uk
Email: lovesfarm@aah-n3.co.uk



Loves Farm Pharmacy provides a full range of services including:

Travel Vaccinations*

Yellow Fever, Rabies, Japanese Encephalitis, Hepatitis B, Tick Borne Encephalitis, Meningitis, ACYW, Cholera, Tetanus, Diphtheria, Polio, Hepatitis A and Typhoid.

Childrens Vaccinations*

Chickenpox, Meningitis B, MMR.

Adult Vaccinations*

Shingles, HPV.

Please contact the pharmacy for further information
01480 215665
or just pop in.

*Consultation fee applies

and veg?

We have the potential to create something powerful as a community; come and help us transform a space in Love's Farm House garden where we aim to grow, share and celebrate local food together!

Our project is inspired by the successful movement Incredible Edible, running since 2008 with active groups across the UK and worldwide. Through this initiative local volunteers turn available spaces into edible gardens for all to enjoy. Visit www.incredibleedible.org.uk for more details.

This project has been made possible thanks to the support and

encouragement from Love's Farm House and Love's Farm Community Association.

We will be meeting on Saturday mornings at Love's Farm House. Please visit www.facebook.com/LovesFarmCommunityGarden for updates and upcoming events.

Bring your passion and ideas, we will supply the space, tools, tea and coffee!



A Midsummer Night's Dram

| Friday 12 July, 8pm

Experience a world of distilled luxury, with six drams of premium



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Scotch whisky is the most famous but there are lots of other contenders for the perfect dram.

single malt whisky from around the globe. From Scotland via Sweden to Japan, virgin casks to heavily smoked, we'll have something special for every palette.

Tickets are £25 in advance from www.lovesfarmhouse.com/tickets or pop into the office (Monday to Friday, 9am-3pm).

OFSTED Success for the Round House

The Round House Primary Academy was rated as Good in its recent OFSTED inspection. Following an inspection on 19 March 2019,



The leadership team are on the school gate each morning to welcome children and talk to parents.

OFSTED Inspector Sean Powell's report noted the "inclusive ethos which promotes a passion for learning across the school", and that children "enjoy learning a broad range of subjects in a way that enthuses and encourages them to do well."

He also complimented the leadership team's effective action to secure continuous improvement and raise standards throughout the school, and that the school is a happy and calm place to learn.

Overall, the report is extremely positive, and at LFCA we fully agree with its findings. Congratulations to all the staff, governors and children for this well-deserved success.



What's On at the Farm House

Messy Church

| Friday 7 June, 3:15 - 5:15pm

Messy Church in June will have a science and discovery theme and will run straight after school, 3.15pm on Friday June 7th, until 5.15pm. This will be our last Messy Church before the summer break, restarting in September! You are very welcome.

Youth Cafe

| Thursdays 3:30 - 5:30pm

Helene (Love's Farm community chaplain) and a team from Love's Farm Church are hosting a Youth Cafe that will run on Thursday afternoons

from 3.30-5.30pm for all secondary school aged young people in Years 7 to 11 — so aged 11 to 16 years old. The Cafe will open and run a pilot from Thursday 6 June until Thursday 18 July inclusive - reopening (with a name) after the school holidays in September!

The purpose of the Cafe is to provide a space exclusively for young people to drop in for a milkshake or cup of tea, some toast or popcorn or pancakes or a slice of cake, to catch up with their friends, get some homework help if they need it, explore their creative side with some

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'meeting room art', play board games or simply just chill and chat.

Young people in the last half term of Year 6 will also be welcome as part of their transition preparation for moving on to secondary school.

Any questions please contact Helene on 07938 803501, community.chaplain@yahoo.co.uk or [facebook.com/lovesfarmchaplain](https://www.facebook.com/lovesfarmchaplain)

St Neots Local History Society - The Archaeology of Love's Farm

| Friday 14th June, 7.30pm

Ever wondered who lived in Love's Farm before it became Love's Farm? Before the construction of the development a team of archaeologists took part in the biggest archaeological operation ever to be undertaken in St Neots and one of the biggest in the country, right here on Love's Farm. They unearthed Roman pottery, jewellery and even a headless horse! The Final Report on the excavation has now been published and the man in charge, Mark Hinman, will be joining St Neots Local History Society for a talk about the Archaeology of Love's Farm.

The talk will take place in the hall at Love's Farm House on Friday 14 June from 7.30pm. The bar will be open for refreshments, so come along and find out about the history of our Love's Farm!

Tickets cost £5 from St Neots Museum, at Society Meetings, or

(subject to availability) on the door.

St Neots Tang Soo Do Karate Club

| Wednesdays 5.30pm - 7pm

Students from the Wednesday evening St Neots Tang Soo Do Karate Club were successful at the recent grading at Milton Community Centre on 7 April. They are shown here with their certificates and new belts. Well done everyone!

If you're interested in giving karate a try you can drop in for a trial session on Wednesdays at 5.30pm, no need



Karate students with their new belts

to book (check the What's On Guide for dates). Everyone is welcome from age 6 to adults, and all grades and ages train together under the instruction of two Master instructors (4th and 5th Dan black belts). Sessions are £4.50 per person or £9 per family.

St Neots Library Baby & Toddler Rhymetime

| Fridays 31 May and 2, 16 & 30 August 2019, 10.30-11am

St Neots Library will be back at Love's Farm House for the Half Term and Summer Holidays with their

popular Baby and Toddler Rhymetime. Come along for a fun session of songs and rhymes for babies and toddlers age 0-2, as well as an opportunity to meet other parents. Sessions cost £1 per family. During term time the session is held at St Neots Library.

St Neots Film Club Presents The Matrix (20th Anniversary)

| Friday 28 June, 8pm



"You take the red pill — you stay in Wonderland, and I show you how deep the rabbit hole goes."

It's hard to believe that the mind-bending, genre-busting thriller is 20 years old this month. Blending science fiction and martial arts, *The Matrix* asked some big questions, it looked like nothing before it and delivered some unforgettable action sequences that set a new standard for Hollywood films.

Join St Neots Film Club on 28 June to watch it again on the big screen (ages 15 and over). There's a chance afterwards to chew over the big topics of the film, and the bar is open too.

Round House PTFA Sponsored Fun Run

| Saturday 29 June, 1-3pm

The Round House PTFA are excited

to invite you to support us in our fantastic Sponsored Fun Run for children, parents and carers on Saturday 29th June from 1pm onwards.

We are hoping to fundraise at this event for our outdoor learning facility and it promises to be an enjoyable day for our school community. The run costs £2 per entrant.

The students and grown-up runners will complete a 1-3km loop of Love's Farm. As this is a fun run we encourage everyone to dress in fancy dress but of course this is entirely up to the runner.

For more information please call the school office on 01480 479890. We look forward to seeing you on 29 June.

Lighting Up the Love's Farm House Garden

Thanks to a grant from Ridgeons Community Fund, the garden at Love's Farm House is now bedecked with LED strip lighting along the trellis and pergola arch. It makes a massive difference for groups using the garden after dark, including private parties, bar nights and community events (such as our Great Get Together barbecue on 22 June). A big thank you to Ridgeons, and to Cambridgeshire Community Foundation (www.cambscf.org.uk), which administered the grant.

We're always looking for ways to improve our community centre. If you



The new garden lights at Love's Farm House

have any ideas please get in touch at ben@lovesfarmhouse.co.uk.



Pop Out and Say Hello

If you're around during the day then I expect you will have seen me on my travels around Love's Farm. I really enjoy speaking to residents but, as many of you are not around in the day time, there are a lot of people I am yet to meet.

That's why I will be out and about on Thursday 13 June from 5.30pm and hope to catch as many of you as possible. Plus, while my walkabout is happening my colleagues will be focusing on fire safety and talking to you about how we can improve the information we provide.

If you see me walking past your house please pop out and say hello. It would be great to see you.

And as always, if you'd like to make an appointment for me to visit you in your home please call 0330 100 0272 or email us at info@bpha.org.uk.

Lindsey Smith, bpha Home Agent

Time for a Spring Clean?

Whether it's a big spring clean or you're tidying things away ready for a summer in the garden, we know that this time of year might mean the start of massive clear outs. And, while a good sort out is to be celebrated please can I remind bpha tenants to be mindful of others and keep communal areas, cupboards and bike stores clear of clutter.

Recently we worked with the council to clear a bike store and found a lot of forgotten items, many covered in weeds and cobwebs. We're keen to provide useful storage areas for all our residents so please only store things you plan to reuse and that are appropriate, so only bikes in bike stores please.

Lindsey Smith, bpha Home Agent

Love's Farm Out of Doors

with Phyllis Hooper,

I was going to write about Bugs and Creepy Crawlies this time but the season has been a bit disappointing, all mixed up, hot and dry when it should have been cool and wet!

I have been teased about my definition of rain. I have a rain-gauge in my garden and I maintain there had been no 'gardening' rain since early February until the beginning of May. When people say "but last such-a-day it poured", I say "that was just



A shield bug mooching about on a leaf.

'shopping' rain, it didn't water the gardens and farm crops!"

Anyway we had some butterflies at Easter, the Large White, HiViz yellow Brimstone and a few Orange Tips. I saw one little blue guy which was probably a Holly Blue but they are rather hard to tell apart and don't stop still. Ironically my roses were covered with aphids, and ants were busy milking them! Google it!

I think May is the most beautiful month in England. Did you notice how, as the trees and shrubs burst into leaf, they were a myriad of different greens, almost from gold to copper? And of course there were still some blossoms, Hawthorn, which is often just called May, and our Quince bushes with their more cup-shaped pink flowers.

We are so lucky to have these Quinces because they are a very old fruit which had almost died out in much of England. In the autumn I'll give some recipes for cooking them.



Poppies on the verge

Quince is used as a rootstock to make Pear trees stronger and we have several examples of both trees co-existing with the pear flowering first. See if you can spot one.

I am quite excited because St Neots Town Council has offered us some bags of Tulip and Hyacinth bulbs that have been blooming in the winter gardens around town and here on Stone Hill. We can dry them off (so they don't rot) and then in the autumn plant them again. We think a good place would be on the un-mown slopes down to the various ponds. This way they would bloom before

the grass gets long but not get cut off. There will probably not be lots of colour next year because they will take a while to build up energy, and also because hungry mice are partial to easy-feed bulbs in the dead of winter! Which reminds me of our Bluebells and Anemones that we planted in Auntie's Wood — plenty of greenery but no flowers yet — they too

are getting up strength and the dry weather didn't help.

So watch out for bugs and creepy crawlies. Let me know if you find something that would interest other people and if you see me, in my pink HiViz, cutting or planting, come and have a word — I'm not dangerous except as a time waster!

phyllis.hooper@btinternet.com

Get In Touch

Love's Farm News

Editor: Ben Pitt
ben.pitt@ourlovesfarm.co.uk
Advertising Enquiries:
Jenny Bishop 01480 262626
jenny@lovesfarmhouse.co.uk

Love's Farm Community Association (LFCA)

Chair: Marcus Pickering
marcus.
pickering@ourlovesfarm.co.uk
www.ourlovesfarm.co.uk
  ourlovesfarm

Love's Farm House

Bookings and general enquiries
(Monday to Friday, 9am to 3pm):
Jenny 01480 262626
jenny@lovesfarmhouse.co.uk
Chair of trustees: Ben Pitt
ben@lovesfarmhouse.co.uk
www.lovesfarmhouse.com
  lovesfarmhouse

Town Councillors

Stephen Ferguson, stephen.ferguson@sntc.co.uk
Caroline Gregson, caroline.gregson@sntc.co.uk
Ben Pitt, ben.pitt@sntc.co.uk

District Councillors

David Wells, 01480 211629,
davidjwells@hotmail.co.uk
Nik Johnson, 07957 210183,
nikmagpiejohnson@btinternet.com

County Councillor

Julie Wisson, 07725 791459,
julie.wisson@cambridgeshire.gov.uk

Community Chaplain, Breakfast Church

Helene Tame, 07938 803501
community.chaplain@yahoo.co.uk

Sakura Shotokan Karate Club Cambridge

£5 per session. Email Lucas on
cambridgekarate@gmail.com

BPHA

Contact Customer Services on
0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child.
Contact Anna on 07903
142133 annac@hartbeeps.com,
www.hartbeeps.com

Abacus Mental Maths

Contact Abi on 07712 659961 or
Bedford@brainup.uk,
www.brainup.uk

Zumba, Fitness Pilates and Fit Mums

£30 for a block of six, or pay-as-you-go at Zumba at £6 per class. Contact Nicola at njfitnessandmassage@outlook.com

Baby Sensory & Toddler Sense

Birth to 5 years, £70 for 10 classes. Contact Sam on 07538 502587 beds@babysensory.co.uk,
www.babysensory.com,
www.toddlersense.com

Pilates

£78 for 12 classes. Contact Laura on 07900 242904 or
laura@laurasfitness.co.uk

Tiny Tots Dance

Ages: 2½ to 4, £4.50 per child.
Contact Amy at hello@tinytotsdance.co.uk, [facebook.com/tinytotsdanceclasses](https://www.facebook.com/tinytotsdanceclasses)

St Neots Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact Paul on 07790 217170

Little Loves

Ages: Birth to Preschool, £1 per family. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Sweaty Mama Fitness

£40 per 6 week block, Contact elly@sweatymama.com

Youth Café

School years 7-11 only. Contact Helene on 07938 803501,
community.chaplain@yahoo.co.uk

Love's Farm Rainbows, Brownies & Guides

Contact guides@
lovesfarmguiding.org.uk,
www.girlguiding.org.uk

Yogabellies (inc. Mum & Baby, Mum & Toddler, Pregnancy)

Contact Niki on 07514 093907,
niki@yogabellies.co.uk,
www.yogabellies.co.uk

Junior Youth Club

Ages: School Years 3 to 6.
Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

St Neots Film Club

£5 per person. www.facebook.com/StNeotsFilmClub

Nia

£8 per class. Contact Ildi at ildiko.miklos@hotmail.com,
facebook.com/ildinia

Stretdance

Various classes for ages 4+,
£4 to £5.50 per class. Contact Katy on 07500 875060, www.katynorthdanceacademy.com

Life Drawing

Contact Stephen at lifedrawing@neotists.co.uk

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/groups/lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts



What's On

June 2019

Saturday	Sunday
<p>* Councillor Surgery 10am - 11am</p>	<p>Life Drawing 9.45 - 11.45am</p>
<p>* Nia 8 - 9am</p> <p>* Lazy Breakfast 9 - 11am</p> <p>Street Dance 9.15, 9.45, 10.30 & 11am</p> <p>Family Fun Day Fundraiser 9.30am @ One Leisure</p> <p>Family Fun Day After-Party & BBQ 7pm - late</p>	<p>* Breakfast Church 10 - 11.30am</p> <p>Pregnancy Yoga 6.45pm</p> <p><i>Love's Farm House is available to hire for private parties. Please call Jenny on 01480 262626.</i></p>
<p>* Lazy Breakfast Street Dance <i>Times as above</i></p>	<p>* Breakfast Church 10 - 11.30am</p> <p>Pregnancy Yoga 6.45pm</p>
<p>* Nia * Lazy Breakfast Street Dance <i>Times as above</i></p> <p>* Great Get Together SMART Day 11am & 2pm @ Pirate Ship</p> <p>* Great Get Together BBQ 4.30pm - Late</p>	<p>* Breakfast Church 10 - 11.30am</p> <p>* GGT Love's Farm Massive Yard Sale 10am - 2pm</p> <p>* GGT Meet Your Street 3pm</p> <p>Pregnancy Yoga 6.45pm</p>
<p>Nia * Lazy Breakfast Street Dance <i>Times as above</i></p> <p>Round House PTFA Fun Run 1pm - 3pm</p>	<p>Pregnancy Yoga 6.45pm</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hartbeeps 9.30, 10.30, 11.30 & 12.45</p> <p>Abacus Maths 5.30 - 6.30pm</p> <p>* Zumba 7 - 8pm</p> <p>Fitness Pilates 8.10 - 9.10pm</p>	<p>* Coffee Shop 9am - 12.30pm</p> <p>* BPHA drop in 10am - 2pm</p> <p>Baby Sensory 10am, 11.20am</p> <p>Toddler Sense 1.20pm</p> <p>Rainbows 3.45 - 4.45pm</p> <p>Brownies 4.50 - 5.50pm</p> <p>Pilates 6pm, 7pm, 8pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>Fit Mums 9.25 - 10.10am</p> <p>Tiny Tots Dance 10.30am</p> <p>* Tang Soo Do Karate 5.30 - 7pm</p> <p>Yoga 7.15pm & 8.30pm</p> <p>LF Runners 8pm @ Stn Sq</p>	<p>* Little Loves 9.30 - 11am</p> <p>Sweaty Mama Fitness 11.40am - 12.25pm</p> <p>Youth Cafe for Sec School Years 7-11 3.30 - 5.30pm</p> <p>Priority Meadows Residents' Meeting 7.30pm - 9.30pm</p>	<p>Mum & Toddler Yoga 9.30am</p> <p>Mum & Baby Yoga 10.45am</p> <p>Messy Church 3.20 - 5.30pm</p> <p>Jr Youth Club 6 - 7pm</p> <p>* Cocktails & Karaoke at the Farm House Bar 8pm - 12am</p>
<p>Hartbeeps Abacus Maths Shotokan Karate 5.30 - 6.30pm</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>* Farm House Coffee Shop</p> <p>Baby Sensory Toddler Sense Rainbows Brownies Pilates</p> <p>LF Runners <i>Times as above</i></p>	<p>Fit Mums</p> <p>Tiny Tots Dance</p> <p>* Tang Soo Do Karate Yoga</p> <p>Love's Farm Runners <i>Times as above</i></p>	<p>* Little Loves Sweaty Mama</p> <p>Youth Cafe for Secondary School Yr 7-11</p> <p>Brownies Guides <i>Times as above</i></p>	<p>M&T Yoga M&B Yoga Jr Youth Club <i>Times as above</i></p> <p>* Farm House Bar 7.30 - 11pm</p> <p>St Neots Local History Society: <i>The Archaeology of Love's Farm</i> 7.30pm</p>
<p>Hartbeeps Abacus Maths Shotokan Karate</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>* Coffee Shop</p> <p>Baby Sensory Toddler Sense Rainbows Brownies Pilates</p> <p>LF Runners <i>Times as above</i></p>	<p>Fit Mums</p> <p>Tiny Tots Dance</p> <p>* Tang Soo Do Karate Yoga</p> <p>* LFCA Meeting 7.30pm</p> <p>LF Runners <i>Times as above</i></p>	<p>* Little Loves Sweaty Mama</p> <p>St Neots Business Hub 12 - 2pm</p> <p>Youth Cafe for Sec Sch Yr 7-11</p> <p>Brownies Guides <i>Times as above</i></p> <p>* LF Ladies (WJ) 8pm @ SNFC</p>	<p>Mum & Toddler Yoga</p> <p>Mum & Baby Yoga</p> <p>Jr Youth Club <i>Times as above</i></p> <p>* Great Get Together Quiz at the Farm House Bar 7.30 - 11pm</p>
<p>Hartbeeps Abacus Maths Shotokan Karate</p> <p>* Zumba</p> <p>Fitness Pilates <i>Times as above</i></p>	<p>* Coffee Shop</p> <p>Baby Sensory Toddler Sense Rainbows Brownies Pilates</p> <p>LF Runners <i>Times as above</i></p>	<p>Fit Mums</p> <p>Tiny Tots Dance</p> <p>* Tang Soo Do Karate Yoga</p> <p>LF Runners <i>Times as above</i></p>	<p>* Little Loves Sweaty Mama</p> <p>Youth Cafe for Secondary School Yr 7-11</p> <p>Guides <i>Times as above</i></p>	<p>M&T Yoga M&B Yoga Jr Youth Club * FH Bar <i>Times as above</i></p> <p>* St Neots Film Club: <i>The Matrix</i> 8pm</p>

Events are at Love's Farm House foyer, hall or meeting room, or out and about. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.co.uk or call 01480 262626 for more information.