



Love's Farm News

February – March 2019

www.ourlovesfarm.co.uk



The proposed Wintringham Primary Academy, facing onto the civic square and community building

Full Steam Ahead for Wintringham

Love's Farm residents won't have missed the recent increased activity on the Wintringham site, directly south of Love's Farm.

Work has begun to create the roads, drainage and landscaping that connect the new development to Cambridge Road. Master Developer Urban&Civic has told Love's Farm Community Association (LFCA) that there are no planned closures for Cambridge Road but temporary

traffic lights will be necessary from February. Please keep an eye on www.ourlovesfarm.co.uk and www.facebook.com/ourlovesfarm for the latest news as we receive it.

Meanwhile, plans for the first homes have been submitted to HDC. CALA Homes hopes to build 184 houses and 38 flats on the land to the south-east of the roundabout where Cambridge Road meets Stone Hill. The plans include a variety of



The Design of Wintringham Primary Academy — see more at planning.cambridgeshire.gov.uk

designs including a mix of affordable and commercial homes. Nearly all houses have two off-street parking bays, with many also including a garage. The flats have just one parking bay each, and there are only 18 visitor bays for all 222 dwellings.

A separate planning application has been submitted for Wintringham Primary Academy, the first of two primary schools to be built on the development. The three-form entry school will be able to accommodate up to 630 pupils, plus a further 78 in its pre-school facility. The building has a distinctive avocado-shaped

design, with an oval roof and an internal courtyard, nicknamed The Grove, featuring London plane and Chinese red birch trees.

LFCAs has campaigned to ensure there are sufficient pedestrian crossings on Cambridge Road to connect the Love's Farm and Wintringham developments, not least because the Round House school is unable to accommodate all the children on Love's Farm. As a result, many of them will be attending Wintringham Primary Academy instead. We were disappointed that the original plans (approved by HDC in February 2018) included just a single controlled crossing, located to the west of Dramsell Rise — fine for Wintringham residents heading into town or to the station but little use to Love's Farm children heading to Wintringham school. As such, it's a big relief to see that a second controlled crossing has now been added, located between Love's Way and Belland Hill.



Designs for the first 222 homes have been submitted for planning permission

Other planning permission documents include a Section 106 Agreement, which specifies what infrastructure and community facilities

Urban&Civic must deliver. These include a temporary community building by the time 100 homes are occupied, with a permanent community building coming online by the time 1,675 homes are occupied. A health centre is also mentioned but details are yet to be agreed.

A Community Development Worker must be appointed before any homes are occupied. LFCA looks forward to working with this person to ensure that the communities of Love's Farm and Wintringham grow in support of one another.

Discover Local Beers at the Farm House Bar

Friday 8 March 8pm - 12am,
Love's Farm House

Love's Farm House is teaming up with Shumë Bottle Emporium for an evening of discovery, celebration and straight-up enjoyment of local beers, ciders and cheeses. There will be over 30 beers and ciders to choose from including a selection from Papworth Brewery, Drawcott Brewery in Buckden and Three Hills, Kettering. We'll be pairing these with the best cheeses from Suffolk, Lincolnshire and Nottinghamshire, so get your taste buds ready for some big, bountiful flavours.

Tickets cost £15 for a sampling menu of five beers and five cheeses, with a wider range available to order at the bar. Buy tickets in advance at Shumë, Cross Keys Mews, from the



A few of the local beers that will be making an appearance at the Farm House Bar on 8 March

Love's Farm House office (open weekdays 9am to 3pm) or online at www.lovesfarmhouse.com/tickets.

Get Moving with Love's Farm Runners

Love's Farm Runners are excited to announce a brand new programme of sessions for 2019. Whether you have never run before or you are a seasoned runner we welcome all of you to our friendly group. Each programme is designed to help you progress through to the next stage.

Walking Group

Meets Thursday afternoon at 2pm at the Pirate Ship. We walk for an hour. Buggies and children in slings welcome. We choose a different route each week, including some off-road. We aim to walk in all weathers so please dress appropriately.

Couch to 5K

A brand new group which meets on a Wednesday at 8pm at Station Square and follows the NHS Couch to



The unmistakable glow of Love's Farm Runners

5K programme. It is a 9-week course that will take you from being a non-runner to being able to run continuously. If you want to then move to the Tuesday improver group you will be ready or if you prefer you can start the next cycle of C25K again.

Improver Group

Meeting on a Tuesday at 8pm at Station Square this group runs 3-4 miles and is perfect for those who have done some running before and can run 5K without walking. The pace is set around 12-15min per mile.

Intermediate Group

Meeting on a Tuesday at 8pm at Station Square with the improvers, this group runs 3-6 miles (5-10K) and is aimed at those who are looking for more challenge and are able to run 10-minute miles or faster.

All the groups are supported by

Love's Farm House is Hiring

Facilities Manager (part-time)

Hours: 4 hours per week with potential for overtime

Salary: £10.50 – £11.50 per hour, depending on experience

Period: One-year contract, with potential for renewal

Duties include:

- Ensuring the building, furniture and equipment is in good condition
- Identifying and supervising minor repairs
- Overseeing major repairs
- Functional management of caretakers
- Ordering supplies
- Potential for bar shifts

Bar staff

Hours: Ad hoc depending on bookings, mostly Saturday evenings

Salary: £9 per hour

Preferred skills and qualities:

- friendly and outgoing
- a willingness to work as part of a team
- suitable judgement and confidence to enforce licensing regulations
- good numeracy skills
- awareness of health, safety, security and hygiene issues
- available to work evenings and weekends
- applicants must be 18 or over

The application deadline for both positions is 12pm on Monday 11 February 2019.

Please send a brief CV and covering letter explaining why you believe you would be suitable for this role to ben@lovesfarmhouse.co.uk.

dedicated and experienced run leaders and we have an online group just for our members where you can find training plans, routes and lots of motivation and support.

For more information please visit <https://groups.runtogether.co.uk/LovesFarmRunners>



What's New at Love's Farm House

Sakura Shotokan Karate Club Cambridge

| Mondays 6-7pm, £5 per session

Love's Farm House has a new karate club! The Sakura Shotokan Karate Club meets every Monday from 6pm-7pm and is run by Sensei Lucas, who is a Double World Karate Champion (London 2017 and Portugal 2018). Your first session is free but must be booked in advance — please contact cambridgekarate@gmail.com for more information or to book your place. The club is currently adults only, but hoping to expand to accept children and families. If you would like to register your child's interest please contact cambridgekarate@gmail.com

Mum & Toddler Yoga

| Fridays 9.30-10.30am

Yogabellies are launching a new Mum and Toddler Yoga class at Love's Farm House on Friday mornings. Mum and Toddler sessions are fun, easy-going classes where



Sweaty Mama, Thursdays at the Farm House

mums and their mobile little ones can practice yoga together, or toddlers can dip in and out while mum exercises. Ending with snacks, drinks and a chat for everyone involved. Contact niki@yogabellies.co.uk for more information and to book your space. Don't forget Yogabellies also run Yoga for Pregnancy, Yoga for Mum and Baby, Luna Yoga and Coreplay Yoga sessions at Love's Farm House.

Sweaty Mama Fitness

| Thursdays 11.40am-12.25pm
£40 per 6 week block

Sweaty Mama is an effective way to exercise with your child. No need to organise childcare, Sweaty Mama allows you to bond with your child while you work out, using their weight to intensify the exercise.

Over the course of the sessions you will gradually build up your fitness level and strengthen your core to rehabilitate your body after having a baby. The fun workouts are done to upbeat music that both you and your child will love. Contact elly@sweatymama.com for more information or to book.

Toddler Sense

| Tuesdays 1.30pm-2.30pm

Starting from February, the fantastic Baby Sensory programme will include a new Toddler Sense class for toddlers and pre-schoolers. Toddler Sense is a whole new world of sensory stimulation, play, fun adventures and learning. The equipment encourages a wide range of skills including social, physical, emotional, creative, intellectual skills and lots more. There will be a free taster session on Tuesday 26 February at 1.30pm, so you can find out what it's all about. Booking is essential as spaces are limited, sign up at www.toddlersense.com/bedfordshire, or contact Sam on beds@babysensory.co.uk for more information about Toddler Sense and Baby Sensory at Love's Farm House.

St Neots Film Club Presents...

| Friday 15 February and 15 March, 8pm, Love's Farm House

St Neots Film Club hosts monthly screenings at Love's Farm House on the third Friday of the month. The bar is open from 7:30pm, films start at 8pm and there's a lively post-film discussion in the bar afterwards. Tickets are £5 on the door.

On 15 February our friends at St Neots Feminist Film Club are guest-hosting with a screening of *In Between* (Cert 15), the story of three



Leave No Trace, screening on 15 March

Palestinian women who attempt to balance faith and tradition with their modern lives. First-time writer and director Maysaloun Hamoud has won a string of awards and critical acclaim for her portrayal of conflicting values and the battle for independence and fulfilment.

Our film for March is *Leave No Trace* (Cert PG). A father and his teenage daughter live off the grid in the forests of Portland, Oregon until their idyllic life is shattered and they are forced into social services. After clashing with their new surroundings, they set off on a harrowing journey back to their wild homeland. With sublime performances, beautiful cinematography and masterful handling of difficult subjects, this film featured on many Best Films of 2018 lists and has a 100% approval rating on Rotten Tomatoes.

Charity Puzzle Mania

| Saturday 9 February, 3-7pm, Love's Farm House

Gather your team members for a charity event with a difference! Teams

of up to six will compete to be the fastest to complete a 500-piece jig-saw puzzle. There'll be a licensed bar to help soothe your nerves. £30 per team, with all proceeds going to the Mayor's Charities: Sue Ryder Hospice, Three Pillars Feeding the Homeless, Coffee Pot Memory Cafe, Caring for

Cambridgeshire, Red Balloon and Strong for Samson.

Contact St Neots Town Council on 01480 388911 or email mayor@stneots-tc.gov.uk to book your team's place.

Life Drawing

Sunday 3 February and 3 March, 9:30am, Love's Farm House

Life drawing sessions are back on the first Sunday of the month at Love's Farm House. Sessions last for two hours, starting with two-minute poses and building up to 15 minutes. Professional artist and Love's Farm resident Stephen Molyneaux will be



Life drawing on the first Sunday of the month

TRAVELLING ABROAD?

GET YOUR TRAVEL VACCINES HERE

LOVES FARM, 5 KESTER WAY, LOVES FARM, ST.NEOTS, CAMBS, PE19 6SL

Web: www.lovesfarmpharmacy.co.uk

Email: lovesfarm@aah-n3.co.uk

Will you be travelling to countries in which water quality may be of a lower standard?

Will you be travelling to the wilderness or into rural areas where you are likely to be exposed to farm animals or wildlife?

Will you be spending a lot of time outdoors where you may be exposed to mosquitoes?

FREE PRESCRIPTION COLLECTION & DELIVERY SERVICE ALSO AVAILABLE.

WHY NOT GET OUR FREE APP (HEALTHERA) TO ORDER YOUR PRESCRIPTIONS.

Contact us on: 01480 215665
5 Kester Way, Loves Farm,
St.Neots, Cambs, PE19 6SL
Web: www.lovesfarmpharmacy.co.uk
Email: lovesfarm@aah-n3.co.uk



Loves Farm Pharmacy provides a full range of services including:

Travel Vaccinations*

Yellow Fever, Rabies, Japanese Encephalitis, Hepatitis B, Tick Borne Encephalitis, Meningitis ACYW, Cholera, Tetanus, Diphtheria, Polio, Hepatitis A and Typhoid.

Childrens Vaccinations*

Chickenpox, Meningitis B, MMR.

Adult Vaccinations*

Shingles, HPV.

Please contact the pharmacy for further information
01480 215665
or just pop in.

*Consultation fee applies

on hand to offer advice between poses. £7 per session, over 18s only. Places are limited so please contact Stephen at lifedrawing@neotists.co.uk to book your place in advance.

Messy Church

Friday 1 February
and 1 March, 3:30pm,
Love's Farm House



Over the next two Messy Church sessions straight after school on Friday 1 February and 1 March we'll be looking at the action packed life of Moses: from baby in the bulrushes to Prince of Egypt to shepherd and then the showdown with Pharaoh before

leading God's people through the Red Sea and finally into their own land. It's a great story, full of ups and downs and twists and turns. School aged children and their grown ups are welcome to come along to these free events with crafts and stories, games and food. Contact Helene if you need more details [facebook.com/lovesfarmchaplain](https://www.facebook.com/lovesfarmchaplain)

Trustee Vacancy at Love's Farm House

Love's Farm House is managed by a team of local volunteers. We currently have a vacancy on our board of trustees and are looking to recruit.



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07738 477350 / hello@spinifex.co.uk

We are particularly interested to hear from anyone with experience in marketing and/or community engagement. Please email ben@lovesfarmhouse.co.uk if you would like to know more.

Love's Farm Out of Doors

February is probably no-one's favourite month, unless you have a birthday, but there is still quite a lot of interesting wildlife to observe. Our native birds, those not wintering in the southern sun, are easier to spot because there are no leaves on the trees and there are some exciting foreign visitors too. Let me see if I can make bird spotting easy!

Lots of little birds chattering in some bushes:

if they are all the same small size and saying the same thing they are probably tree sparrows;

if differing small sizes and speaking different languages they may be "mixed tits and finches", blue, great, coal and marsh tits, with goldfinches and other hangers-on;

if they are middle sized, a bit higher



The fieldfare is a close relative of the thrush



A bullfinch is a rare treat to see on Love's Farm

in bushes or trees and sound like a football crowd they'll be starlings.

Now the exciting ones — if they are quite mixed in size, not very noisy but "chittery" they could be redwings from Iceland, our local thrushes and fieldfares visiting from Northern Europe, all come together to share our crab apples, quinces and hawthorn berries.

You may spot them flying first but the same rules apply. Starlings on Love's Farm are building up in numbers so that we can have our own aerial shows, known as murmurations.

Birds on their own are our well known blackbird (he's black with a yellow beak, she's brown), robin and tiny wren who usually sounds in a bad mood — "chipping" out of some ivy. Special alone is a little egret, a small white heron-shaped bird. He has been around for some time and I would love him to make a home in the reeds behind the Pirate Ship.

We have two types of woodpecker, green, often on the ground eating ant larvae, and the smaller, flash of black, white and red, the great spotted. And



Look out for our local green woodpecker on the wiggly path on the eastern edge of Love's Farm

two big raptors (meat-eaters) flying high, red kite with a forked tail and buzzard with a "hole" in each wing and a cry like a human baby!

Lastly, for now, Mr and Mrs carrion crow. There may be two couples but you won't see them together, they

just walk round eating worms and fly off with a squawk when disturbed.

Happy twitching (that's what bird watchers are called) and let me know if you spot something different or exciting.

Phyllis Hooper

phyllis.hooper@btinternet.com

Advertise Here

Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to over 1,400 homes on Love's Farm. Contact Jenny on 01480 262626 or email jenny@lovesfarmhouse.co.uk.



Host your party at

Love's
Farm
HOUSE

Children's parties (12-3pm or 3-6pm) - £70

Saturday night (6pm-midnight) - £200

Saturday all day (midday-midnight) - £350

Please call 01480 262626, email bookings@lovesfarmhouse.co.uk or pop in for more information and to book your event. Our office is open Mon-Fri 9am-3pm (9am-12pm during school holidays).

www.lovesfarmhouse.com facebook.com/lovesfarmhouse

Get In Touch

Love's Farm News

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jenny@lovesfarmhouse.co.uk

Love's Farm Community Association (LFCA)

Chair: Marcus Pickering marcus.pickering@ourlovesfarm.co.uk
www.ourlovesfarm.co.uk

  ourlovesfarm

Love's Farm House

Bookings and general enquiries
(Monday to Friday, 9am to 3pm):
Jenny 01480 262626
jenny@lovesfarmhouse.co.uk
Chair of trustees: Ben Pitt
ben@lovesfarmhouse.co.uk
www.lovesfarmhouse.com
  lovesfarmhouse

Town Councillors

Stephen Ferguson, stephen.ferguson@sntc.co.uk
Caroline Gregson, caroline.gregson@sntc.co.uk
Neil Hook, cllr.neil.hook@gmail.com
Ben Pitt, ben.pitt@sntc.co.uk

District Councillors

David Wells, 01480 211629,
davidjwells@hotmail.co.uk
Nik Johnson, 07957 210183,
nikmagpiejohnson@btinternet.com

County Councillor

Julie Wisson, 07725 791459,
julie.wisson@cambridgeshire.gov.uk

Community Chaplain, Breakfast Church

Helene Tame, 07938 803501
community.chaplain@yahoo.co.uk

Movie Making Club

Ages 4-16. £27.50 per term.
www.movie-memoirs.co.uk

Sakura Shotokan Karate Club Cambridge

£5 per session. Email Lucas on
cambridgekarate@gmail.com

BPHA

Contact Customer Services on
0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child.
Contact Anna on 07903
142133 annac@hartbeeps.com,
www.hartbeeps.com

Abacus Mental Maths

Contact Abi on 07712 659961 or
Bedford@brainup.uk,
www.brainup.uk

Zumba, Fitness Pilates and Fit Mums

£30 for a block of six, or pay-as-you-go at Zumba at £6 per class.
Contact Nicola at njfitnessandmassage@outlook.com

Baby Sensory & Toddler Sense

Birth to 5 years, £70 for 10 classes. Contact Sam on 07538
502587 beds@babysensory.co.uk,
www.babysensory.com,
www.toddlersense.com

Pilates

£78 for 12 classes. Contact
Laura on 07900 242904 or
laura@laurasfitness.co.uk

Tiny Tots Dance

Ages: 2½ to 4, £4.50 per child.
Contact Amy at hello@tinytotsdance.co.uk,
facebook.com/tinytotsdanceclasses

Minilinguals

Ages: 3 months to 7 years,
£45 for 10 classes. Contact
Vicky on 07979 503269 or
hello@minilinguals.co.uk

St Neots Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact
Paul on 07790 217170

Little Loves

Ages: Birth to Preschool, £1 per family. Contact Helene on
07938 803501, community.chaplain@yahoo.co.uk

Sweaty Mama Fitness

£40 per 6 week block, Contact
elly@sweatymama.com

Love's Farm Rainbows, Brownies & Guides

Contact guides@lovesfarmguiding.org.uk,
www.girlguiding.org.uk

Yogabellies (inc. Mum & Baby, Mum & Toddler, Pregnancy)

Contact Niki on 07514 093907,
niki@yogabellies.co.uk,
www.yogabellies.co.uk

Junior Youth Club

Ages: School Years 3 to 6.
Contact Helene on 07938
803501, community.chaplain@yahoo.co.uk

St Neots Film Club

£5 per person. www.facebook.com/StNeotsFilmClub

Nia

£8 per class. Contact Ildi at
ildiko.miklos@hotmail.com,
facebook.com/ildinia

Streetchance

Various classes for ages 4+,
£4 to £5.50 per class. Contact
Katy on 07500 875060, www.katynorthdanceacademy.com

Life Drawing

Contact Stephen at
lifedrawing@neotists.co.uk

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/groups/lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs



What's On

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hartbeeps 10am, 11am & 12.15pm Film-Making Club 4-5pm Abacus Maths 5.30 - 6.30pm Shotokan Karate 6 - 7pm * Zumba 7 - 8pm Fitness Pilates 8.10 - 9.10pm	* Coffee Shop 9am - 12.30pm Baby Sensory 10am, 11.20am, 12.45pm * BPHA drop in 10am - 2pm Rainbows 3.45 - 4.45pm Brownies 4.50 - 5.50pm Pilates 6pm, 7pm, 8pm Love's Farm Runners 8pm @ Stn Sq	Fit Mums 9.25 - 10.10am Tiny Tots Dance 10.30am Minilinguals (Spanish) 3.45 - 4.15pm * Tang Soo Do Karate 5.30 - 7pm Yoga 7.15pm - 9.30pm LF Runners 8pm @ Stn Sq	* Little Loves 9.30 - 11am Sweaty Mama Fitness 11.40am-12.25pm LF Runners 2pm @ The Pirate Ship Brownies 6 - 7.30pm Guides 7.30 - 9pm	Mum & Toddler Yoga 9.30am Mum & Baby Yoga 10.45am Jr Youth Club 6 - 7pm * Games Night at the Farm House Bar 7.30 - 11pm	* Nia 8 - 9am * Lazy Breakfast 9 - 11am Street Dance 9.15am, 9.45am, 10.30am & 11am * Councillor Surgery 10am - 11am	Life Drawing 9.45 - 11.45am Pregnancy Yoga 6.45pm
Hartbeeps Film-Making Club Abacus Maths Karate * Zumba Fitness Pilates <i>Times as above</i>	* Farm House Coffee Shop Rainbows Brownies Pilates Love's Farm Runners <i>Times as above</i>	Fit Mums Tiny Tots Dance * Karate Yoga Love's Farm Runners <i>Times as above</i>	* Little Loves Sweaty Mama LF Runners Brownies Guides <i>Times as above</i>	M&T Yoga M & B Yoga Farm House Bar <i>Times as above</i> St Neots Film Club: In Between 8pm	<i>LFH Hall Closed for Maintenance</i>	<i>LFH Hall Closed for Maintenance</i>
<i>LFH Hall Closed for Maintenance</i> Abacus Maths 5.30 - 6.30pm	<i>LFH Hall Closed for Maintenance</i> Baby Sensory 10am, 11.20am, 12.45pm @ SNFC LF Runners 8pm @ Stn Sq	<i>LFH Hall Closed for Maintenance</i> * LFCA Meeting 7.30pm LF Runners 8pm @ Stn Sq	<i>LFH Hall Closed for Maintenance</i> LF Runners 2pm @ The Pirate Ship * Love's Farm Ladies (WI) 8pm @ SNFC	<i>LFH Hall Closed for Maintenance</i> * Quiz Night at the Farm House Bar 7.30 - 11pm		* Breakfast Church 10 - 11.30am Pregnancy Yoga 6.45pm
Hartbeeps Film-Making Club Abacus Maths Karate * Zumba Fitness Pilates <i>Times as above</i>	* Coffee Shop Baby Sensory Toddler Sense 1.30 - 2.30pm Rainbows Brownies Pilates LF Runners <i>Times as above</i>	Fit Mums Tiny Tots Dance Minilinguals * Karate Yoga LF Runners <i>Times as above</i>	* Little Loves Sweaty Mama LF Runners Brownies Guides <i>Times as above</i>	Events are at Love's Farm House foyer , hall or meeting room , or out and about . Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.co.uk or call 01480 262626 for more information.		