

Love's Farm News

April - May 2022

www.ourlovesfarm.co.uk

Community Celebrations for the Queen's Platinum Jubilee



Get ready to put on your dancing shoes (or sandals) for the Platinum Jubilee Celebrations

| Sunday 5 June, 3pm-5pm, | Wintringham Plaza

The extended Queen's Platinum Jubilee weekend will see a variety of both local and town-wide celebrations happening between 2 and 5 June. Here on Love's Farm, some streets have street parties planned to mark Queen Elizabeth's

momentous reign, but there is also an all-together community event in the planning!

The Wintringham Residents
Association and the Love's Farm
Community Association have joined
forces and are organising a Country
Dance and Cream Tea on the Plaza
outside Wintringham School on

Sunday 5 June. The afternoon will run from 3-5pm and will include 'called' dances so that all abilities can join in!

Lynne Otto from DSM Dance with Lynne will be our master of ceremonies and there will be music and dances to celebrate all corners of the country. Please save the date, bring your neighbours, and come dressed ready to reel and spin!

As if that wasn't enough, interspersed between the dancing, Love's Farm's very own Chris Hatt — musical director of West End smash hit Hamilton — will entertain us on the piano, giving you time to chat with your neighbours over a cream tea.

Other ideas we're hatching for the Jubilee Weekend include a gallery of children's portraits of Her Majesty, face painting, soft play and more besides. Keep an eye on Facebook and local publicity, message Jan via the Wintringham Residents Facebook page, or email Helene on community.chaplain@yahoo.co.uk for more details.

Love's Farm Hosts Ukrainian Refugees

The Government has announced the Homes for Ukraine scheme, allowing Ukrainian refugees to seek shelter in the UK. Refugees require a UK resident to sponsor them. A sponsor's role is to assist with the visa application process, provide housing for a minimum of six months and support their refugees with practical



The Homes for Ukraine Scheme is open and we'll be giving them a Love's Farm welcome.

help when they arrive. Financial sponsorship is not required.

We are forming a group of Love's Farm residents who would like to be sponsors, with support from the Community Association. Our aim is to create a support network for Love's Farm hosts and our Ukrainian guests. This will also allow larger Ukrainian families to find shelter in separate, but nearby, UK homes.

We know that Love's Farm is a friendly and welcoming community and that lots of our residents will be considering opening their homes to refugees. If you would like to join our group, or simply find out more about the sponsorship scheme, please contact Lara Davenport-Ray on 07870 201214 or email chair@ourlovesfarm.co.uk.

District and Town Council Elections

Thursday 5 May, 7am-10pm, Love's Farm House

Please make a note in your diary to pop down to the polling station at Love's Farm House on 5 May. Love's Farm is part of the St Neots East ward, and is represented by two councillors at Huntingdonshire District Council and four at St Neots Town Council. That means residents can cast up to six votes on 5 May.

The District Council is responsible for waste collection and recycling, planning and housing, licensing, leisure centres and most green spaces, including many of the green areas on Love's Farm.

The Town Council manages the smaller parks in St Neots, organises events such as the Christmas Lights Switch On and the Farm and Craft Market, manages the Priory and Eatons Centres and offers grants to community groups such as LFCA and Love's Farm House.

The lists of candidates will be published in early April — we'll share them at www.ourlovesfarm.co.uk and on social media. If you're not already on the electoral register, or if you want to register for a postal vote, you have until 14 April. Visit www. huntingdonshire.gov.uk/elections for more information.

Big Easter egg hunt 2022!

Whatever is happening in the world, it is not Easter on Love's Farm without this!

The Love's Farm BIG Easter Egg Hunt will run from Monday 4 April until Monday 18 April 2022.

It's free and easy to join in! There will be 30 numbered eggs hidden in windows around Love's Farm and

Wintringham. All you need to do is find them and write down the address.

Forms will be available on the LFCA Facebook page for you to print or collect from Love's Farm House.

Love's Farm House

Love's Farm House Update

Love's Farm House is YOUR local venue for

fitness classes, kids' activities, social events, support groups and much more. The building is here to benefit everyone who lives on Love's Farm — that means you! We also love to welcome our neighbours from Wintringham and further afield. We have a comprehensive schedule of regular activities, and the foyer is open on weekdays from 9am to 3pm for you to drop in, use the Wi-Fi or choose a book from the Micro Library (which now includes a great selection of Reading Well for Mental Health titles).

Helene Tame provides a friendly face behind the hatch at the Farm House cafe on Tuesday mornings



The Farm House cafe serves up freshly-baked pastries on Tuesday mornings.

(term-time only) and the bar is open every Friday evening for you to relax and unwind over a drink with your neighbours.

Please do have a look at the What's On Guide on the back page to see if there's anything that takes your fancy. You can find more details at www.lovesfarmhouse.com/whats-on. If you have any suggestions or are interested in joining us as a volunteer, please fill in our survey at tinyurl.com/LFHHaveYourSay.

Hire Slots Available at Love's Farm House

Following a couple of recent cancellations, we have two weekly after-school slots available in the hall at Love's Farm House. These don't come up very often, so if you have been considering starting an after-school club, or any other activity that you think would work well in these time slots, now's your chance!

The hall is available between 3.15-6pm on Mondays and 3-5.45pm on Thursdays and costs £13.25 per hour for non-profit organisations or £16.50 per hour for commercial activities. You can add kitchen access for a small additional fee. Use of the A/V system and disco lights is included and the multi-use flooring is suitable for all sorts of exercise classes, dance classes or other activities (sadly we can't accommodate ball games, roller skates or skateboards).

If you are interested in hiring the hall during these or any other time slots, get in touch with Jenny via bookings@lovesfarmhouse.co.uk or 01480 262626.



What's New at the Farm House

Amy's Fitness and Toning Class

Mondays, 6.10-6.55pm £5.50 per class or £18 for a 4-week block

New on Monday evenings at Love's Farm House, Amy's Fitness brings you a full body toning class which helps to build strength and muscle while increasing your energy levels and overall fitness. Whether your goal is to lose body fat, increase your endurance or just improve your fitness level, this session is designed to cover it all. It's a great way to tone up and a real calorie burner, while having lots of fun!

Classes are suitable for all abilities, ages 16+. Contact amysfitness247@hotmail.com for more information or to book your space.

FitSteps FAB

Thursdays 11.10am-12noon £7 per session PAYG or £6 with a Class Pass

FitSteps FAB is moving to a new slot on Thursday mornings at Love's Farm House. FitSteps is a Strictly



FitSteps FAB is a low-impact, Strictly-inspired dance fitness workout that's suitable for everyone.

Come Dancing inspired dance fitness class, with no partner required. FAB means "For All Bodies" and the class is suitable for everyone who loves to dance and keep fit, even those who are new to exercise or need a lighter intensity, lower impact and slower pace.

It combines dance genres from Bossa Nova and Foxtrot to Flamenco and Argentine Tango and is great fun whether you're young or simply young at heart. As well as improving your fitness, dancing has lots of benefits for mental health and this is a relaxed and supportive group. Book your space and come find out what it's all about!

If you prefer Broadway to the ballroom, don't forget that DSM Dance with Lynne also runs Broadway Boogie on Wednesday evenings at 8.10pm — a high energy, musical theatre-inspired dance fitness class set to your favourite show tunes. You'll be so busy

dancing, singing and having fun, you'll forget you're working out!

FitSteps FAB and Broadway Boogie are both suitable for ages 16+. Please contact Lynne on dsmdancewithlynne@gmail.com or book online on the Gymcatch app.

Little Loves

Thursdays 9.30-10.30am £2 per family

Little Loves runs at Love's Farm House every Thursday morning in term time for parents and children aged 5 and under. There are lots of indoor and outdoor toys for your little ones to enjoy, as well as crafts and songs. The team has been joined recently by Nikki and Arwen, who have brought with them lots of fun and crafts and some extra special sensory activities for children.



Come along to Little Loves for lots of play, crafts and a new sensory space.

Messy Good Friday

Friday 15 April 3-4.30pm Free (donations welcome)

Messy Church is back in person at Love's Farm House for a Messy Good



Making Easter Gardens is one of the many activities on offer at Messy Church.

Friday afternoon that will include telling the Easter story through a range of activities, crafts, film clips, food and moments to wonder and ask why.

Please could families let us know

that they're coming so we can manage numbers and set up tables that a small group of children can sit at together alongside their grownups. Contact Helene or Becky for more info on community.chaplain@yahoo.co.uk.

Love's Farm Runners

| Tuesdays, 8pm, Station Square



Our weekly Tuesday sessions for intermediate and improver runners are still up and running,

pun intended! If you're ready to take the first step in your running journey,

WORKOUTS FOR ALL!

Get fit, stay fit as you find the class that works for you. Choose from:

Fitness Pilates / Fitmum Strong
Zumba / Pregnancy Pilates
Fitmum / Total Body Workout

plus over 400 online workouts and two new ones each week. Sports massage, Pregnancy Massage and sports taping available too.



07912442622 njfitnessandmassage@outlook.com

www.njfitnessandmassage.com



or want to do something to work off the Easter chocolate, the next round of Couch 2 5k will start on Tuesday 19 April.

If you want to come along to any of our runs, please make sure that you register (if you are not currently a member) and book into the session at groups.runtogether.co.uk/
LovesFarmRunners.

Claire, Caroline, Claire and Helene all look forward to meeting you!

Easter Holidays at the Farm House

There's lots of fun (and chocolate) for all the family this Easter at Love's Farm House.

MamaBabyBliss

| 1 April 9:30 & 10.45am, 3 April 5pm

April kicks off with Easter-themed baby and toddler yoga classes by MamaBabyBliss on Friday 1 April for ages 2 months to 4 years (£10 per child). Each session includes a series of fun yoga moves alongside songs and rhymes to entertain and relax your little one. There will also be an Easter mini photo shoot, so don't forget your bunny ears! Little ones don't get to have all the yoga fun though, as there will also be a special Yoga for Mums class on Sunday 3 April (£10 per person). This gentle, candlelit yoga class will nurture your body and mind and give you time to relax, unwind, rest and recharge, followed by tea and a chat. Contact

joanna.miller@mamababybliss.com to book your space.

Hartbeeps Easter Rave

| 11 April, 10am, 12noon, 2pm

If your baby or toddler likes to party, get them booked in for the Hartbeeps Easter Rave on Monday 11 April (age 5 and under). Included in the £15 ticket price is a party session, themed sensory stations to explore, refreshments, a gift for each child and a digital photograph. Visit facebook .com/hartbeepsstneotshuntspboro to book your child's ticket.

Silver Rock Craft Club

| 5 and 12 April, 10:15-11:45am

Older children will enjoy the Easter Craft workshops on Tuesday 5 and 12 April, which are aimed at children aged 5 and over. On 5 April children will be creating spring blossoms and on the 12th it's all about Easter eggs and bunnies. Workshops cost £8 per child. Visit facebook.com/
SilverRockDesigns to book.



Children will be making spring themed crafts at Silver Rock Craft Club.

There will also be crafts a-plenty at Messy Church on Good Friday, where families can learn the real story of Easter. More info on page 5 or at facebook.com/lovesfarmchaplain.

Chocolate Bingo

| Thursday 14 April, 6:30pm

Back by popular demand, after a break of more than two years, Chocolate Bingo will be returning on 14 April. Fun for all the family, bring your own snacks and drinks and settle in for bingo Love's Farm style — playing for chocolate and sweets rather than money, and with our very own Love's Farm bingo calls. £1 for a book of 10 games. No need to book, just come along at 6.30pm.

Mary Poppins Returns | Friday 15 April, 6pm

We'll be rounding off the Easter holidays with a special family film night on Good Friday, showing Mary Poppins Returns on the big screen. Popcorn, crisps and sweet bags will be available at the bar, as well as a range of kid-friendly mocktails — plus



Trip a little light fantastic on Good Friday with Mary Poppins.

Mary Poppins-themed cocktails for the adults too! Doors open at 6pm and the film will start promptly at 6.30. Tickets are £2.50 per person and will be available to buy on the door. All children must be accompanied by a parent or carer.

You can find details of all activities



Drum roll please...Chocolate Bingo is BACK!

at Love's Farm House on the back page of this magazine, or by visiting www.lovesfarmhouse.com. Hope to see you there!

Love's Farm Out of Doors

with Phyllis Hooper

Well, despite my scepticism about cheering spring until March is out, it does seem that plants, animals and birds are beginning to wake up. We are so lucky on Love's Farm to have lots of lovely green spaces. It is good to remember that every green leaf on tree, bush, the ground, or even in water, is giving us the oxygen we need in order to live. Basically, during the day, when it is light, all green

plants take in the carbon dioxide that we breathe out. Then, using the carbon to grow, they give back oxygen at night. How amazing is that? Happily, the Arctic taiga, pine forests and the tropical rain forests have been doing the heavy lifting while our deciduous plants have been leafless and the pesky winds have been mixing the atmosphere.

I was talking to an HDC groundsman today and they share my sadness that some of our overhanging shrubs have not been cut back this winter. Love's Farm is not alone in needing care and we were very over-planted in the beginning. I know a few people other than myself have been out with loppers or secateurs. That's great.





Spring has sprung on Love's Farm

Perhaps when doing so, you could push the pruning off the mowing line, just back into the shrubs. They will soon rot down and meanwhile make shelters for creepy crawlies and hedgehogs.

Talking of mowing, I was told that there is planned to be a 20% rewilding this year. This is a newish conservation buzz word. Tidy and manicured nature tends to be poor in diversity, so easing up on the tidying gives nature a better chance. Of course, at first this will just look like neglect, but on someone's desk somewhere there will be a plan. I'll be watching on our behalf!

In fact, it was suggested that the kickabout field might not be mown this summer, to which I countered that maybe the back, very damp area

could be rewilded but the drier end was enjoyed as a picnic and ball games area. We will see.

On some of the development there IS a Dog Poo Fairy and she is old and very grumpy. I cannot say I have never missed a Robert poo when he is miles behind me (I don't let him off lead until after two) but I also pick up lots and lots of abandoned heaps, every one of which gives all dog owners a bad name. The fact that I can be certain that I will find them in similar places indicates that dogs follow a pattern — please learn yours.

Enjoy the spring. If you want any advice or identification do contact me on phyllis.hooper@btinternet.com or 07709903249.

Advertise Here

Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to 1,500 homes on Love's Farm. Please contact Jenny on 01480 262626 (9am-3pm Monday-Friday) or email jenny@lovesfarmhouse.co.uk.



Signs of spring, and the bees are back!

Get In Touch

Love's Farm News

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Love's Farm Community Association (LFCA)

info@ourlovesfarm.co.uk
Chair: Lara Davenport-Ray
chair@ourlovesfarm.co.uk
www.ourlovesfarm.co.uk

Love's Farm House

Bookings and general enquiries (Monday to Friday, 9am to 3pm): Jenny 01480 262626, jenny@lovesfarmhouse.co.uk Chair: Raymon Gompelman raymon@lovesfarmhouse.co.uk www.lovesfarmhouse.com

St Neots Community Support

Help with shopping and other tasks for people who are isolating due to COVID-19. Call 0333 3355 344 or email info@sncs.org.uk

Town Councillors

Stephen Ferguson, stephen. ferguson@stneots-tc.gov.uk Caroline Gregson, caroline.gregson @stneots-tc.gov.uk Rob Simonis robert.simonis@stneots-tc.gov.uk Ben Pitt, ben.pitt@stneots-tc.gov.uk

District Councillor

Ben Pitt, 07703 169273 ben.pitt@huntingdonshire.gov.uk

County Councillor

Stephen Ferguson, 07525 987460, stephen.ferguson@cambridgeshire.g ov.uk

Financial Difficulties

Love's Farm Community Money Advice: www.lovesfarmchurch.com/ moneyadvice 01480 260234, moneyadvice@lovesfarmchurch.com

Breakfast Church

Helene Tame, 07938 803501 community.chaplain@yahoo.co.uk

BPHA

Contact Customer Services on 0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child. Contact Sarah on 07872 331260 sarah.armstrong@hartbeeps.com, www.hartbeeps.com

Stitch Street Crochet Classes

£2.50 per session, visit facebook.com/stitchstreetcrochet or www.stitchstreet.co.uk

Amy's Fitness & Toning Class

Mondays 6.10-6.55pm from 21 February. £5.50 per session or £18 for a 4-week block. Contact Amy at Amysfitness247@hotmail.com.

Zumba, Fitness Pilates, Pregnancy Pilates and Fit Mums

Contact Nicola at njfitness andmassage@outlook.com, www.njfitnessandmassage.com.

Tiny Talk

Ages birth to 2 years, £6.50 per session, contact Claire on clairep@tinytalk.co.uk

Baby Sensory

Birth to 13 months, £37.50 for 5 classes. 07538 502587 beds@babysensory.co.uk, www.babysensory.com

Silver Rock Crafts

Contact Jo on silver-rock@hotmail .co.uk or visit www.facebook.com/ SilverRockDesigns

St Neots Business Hub

Contact Charlie Ashley-Roberts on charliecareers@gmail.com.

Shining Stars Children's Charity

Contact Natalie on natalie@shiningstars.org.uk or www.shiningstars.org.uk

Pilates with Laura

£78 for 12 classes. Contact Laura on 07900 242904 or laura@pilateswithlaura.co.uk

Healthy You

Call 03330 050093 or visit www.healthyvou.org.uk

Youth Café

School years 7 to 13. Email Adele at adele.jones@elydiocese.org

Love's Farm Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact Paul on 07790 217170

FitSteps/Broadway Boogie

£7 per single session / £6 per block booked session. Contact Lynne on dsmdancewithlynne@gmail.com or facebook.com/dsmdancewithlynne.

Love's Farm Rainbows, Brownies & Guides

guides@lovesfarmguiding.org.uk, www.qirlquiding.org.uk

Mama Baby Bliss Yoga

Yoga for babies, toddlers, mums and dads. Contact joanna.miller@mamababybliss.com call 07904 374212 or visit www.mamababybliss.com/classes/book-a-class/biggleswade-st-neots.

Junior Youth Club

School Years 3 to 6. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Love's Farm Book Club

Join the Facebook group at www.facebook.com/groups/lovesfarmbookclub

Street Dance

Various classes for ages 4+, £4 to £5.50 per class. Contact Katy on 07500 875060, www. katynorthdanceacademy.com

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/ lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs

Little Miracles

www.littlemiraclescharity.org.uk



Events are at Love's Farm House fover, hall or meeting room, or out and about. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.com or call for more information.

Tuesday

Silver Rock **Craft Club** 10.15-11.45am **Shining Stars** 3.30 - 5.30pm Pilates 6pm, 7pm, 8pm Love's Farm Runners 8pm @ Stn Sq

Baby Sensory

Baby Sensory

9.45am, 11am **Shining Stars**

3.30 - 5.30pm

6pm, 7pm, 8pm

8pm @ Stn Sq

* Farm House

9am - 12noon

Baby Sensory

Shining Stars

LF Runners

Times as above

Cafe

Pilates

LF Runners

Pilates

Silver Rock

Craft Club Shining Stars Pilates LF Runners Times as above

Baby Sensory 9.45am, 11am



7.30 - 11pm

Wednesday

* Karate

5.30 - 7pm

Fit Mum -

Family Special

9.35 - 10.20am

Healthy You

9.35 - 10.20am

11am - 12noon

* Youth Cafe

3.30 - 5pm

5.30 - 7pm * LFCA Meeting 7.30pm via Zoom

Healthy You

* Youth Cafe

Times as above

Fit Mum

Tiny Talk

* Karate

Broadway

Boogie

7.10pm

* Karate

9.30 - 1.30

Fit Mum

Tiny Talk

	Friday	Saturday	Sunday
ove's Farm munity Association Thursday	Toddler Yoga 9.30am Baby Yoga 10.45am * Karaoke & Cocktails at the Farm House Bar 8pm - late	Street Dance 9.15am, 9.45am, 10.30am, 11am Shining Stars 1 - 2.30pm	Pregnancy Bliss Workshop 3.30 - 4.30pm Yoga for Mums 5pm - 6pm
7	* Games Night at the Farm House Bar 7.30 - 11pm * Love's Farm Book Club 7.45pm	9	* Breakfast Church 10am
* Chocolate Bingo 6.30 - 8.30pm	Messy Church 3 - 4.30pm * Film Night: Mary Poppins Returns 6.30pm (doors open 6pm) * Farm House Bar 6pm - 11pm	16	* Breakfast Church 10am
* Little Loves 9.30 - 10.30am Brownies 6 - 7.30pm Guides 7.30 - 9pm Love's Farm Ladies WI 7pm @ SNFC	Toddler Yoga 9.30am Baby Yoga 10.30am, 11.30am * Farm House Bar 7.30 - 11pm	Street Dance 9.15am, 9.45am, 10.30am, 11am	* Breakfast Church 10am Pregnancy Pilates 6.30pm
* Little Loves 9.30 - 10.30am FitSteps FAB 11.10am Brownies 6 - 7.30pm Guides 7.30 - 9pm	Toddler Yoga 9.30am Baby Yoga 10.30am, 11.30am Youth Club 5pm, 6pm * Quiz Night @ Farm House Bar	Street Dance 9.15am, 9.45am, 10.30am, 11am	

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Monday
* Crochet Club 1 - 2pm Amy's Fitness Toning 6.10 - 6.55pm
Hartbeeps Easter Specials 10am, 12noon, 2pm Amy's Fitness 6.10 - 6.55pm Zumba 7.05 - 7.50pm Fitness Pilates
7.55 - 8.55pm
Hartbeeps 9.30, 10.30, 11.30, 12.45, 1.55pm
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Hartbeeps

Zumba

* Crochet Club

Amy's Fitness

Fitness Pilates

Times as above